



January 18, 2018

All Parents and Students
American Heritage School

American Heritage School Programs and Offerings 2018–19

Dear Parents and Students,

Since 1970, with an enrollment of 85 students, American Heritage School has grown and flourished to become a robust K–12 private school serving approximately 900 students on campus and approximately 5,000 students participating in homeschools in all 50 states and over 60 countries. As exciting as our physical growth is, our hope for the future depends more than ever upon touching individual hearts with the light of Christ and His teachings. We offer a truly unique and powerful education experience—one that draws upon Restored Gospel principles to develop a spirit of faith and Christian character in the hearts and minds of each child, one by one. We have grown carefully over the years, intensely focused on our mission, and open to feedback from all stakeholders, including parents, teachers, students, and board members. As a dually accredited member of regional and national accreditation associations, we also continue to network with and learn from other outstanding private and public schools throughout the country.

Each year we make significant improvements, and we are pleased to share with you here the highlights of our various programs and offerings, as well as a few changes that you can expect in the upcoming 2018–19 school year. **New programs and offerings are highlighted in bold.** Additionally, you will find important instructions for how to complete the application process for both new and returning students.

Instructions for Online Application for the 2018–19 School Year. Applications for priority re-enrollment of current students and also for adding new students from currently enrolled families are available online via the Veracross Parent Portal beginning Friday, January 19. You will be notified by e-mail as soon as the enrollment portal is open. To ensure priority reservation of your seats for the upcoming year, current patrons should submit completed online applications by February 28, when Open Enrollment for the general public begins. Each year, all currently enrolled families must reapply. Currently enrolled families desiring to add *new students* must complete a separate online application which can be accessed any time on the parent portal called *New Student Application*. For assistance with enrollment, contact Nancy Morrill, Admissions Director, at nmorrill@ahsmaail.com, 801-642-0055, ext. 362

Elementary School Programs (Grades K–6)

Elementary School General Philosophy. The elementary program at American Heritage School acknowledges that “children are an heritage of the Lord” (Psalms 127:3). Our greatest responsibility as teachers is to help children feel safe and loved so that they can clearly understand and magnify their divine identity and purpose. Teachers are trained in a principle-based approach that encourages moral reasoning

combined with free and open inquiry. This approach motivates learning, exploration, creativity, and play in an atmosphere of faithful and inspiring discovery.

Elementary Homeroom and Specialty Subjects. Kindergarten options include full- or half-day programs. Grades 1–6 are all full-day programs that include five homeroom subjects of English, Math, History, Literature, and Geography, which are taught by the homeroom teacher, as well as five specialty subjects of Science, Art, Music/Choir, and Physical Education, and Library/Keyboarding which are taught by specialized teachers in rooms devoted to those disciplines.

Elementary Extracurricular Activities. Elementary extracurricular orchestra and choir (beginning and intermediate) are offered conditional upon successful audition. Elementary students are also welcome to participate in after-school chess group, Introduction to Spanish and, **new in 2017–18, a Level-Two Elementary Spanish course**, Lego Robotics, and a weekly Patriot Book Group. After-school athletics are offered beginning in grade 7.

Elementary Language Arts. English language (reading, writing, spelling) is taught K–3 using the Spalding program, which takes a multi-sensory approach to teaching language (“see it, hear it, say it, write it”). Spalding combines both phonetic and whole-reading strategies. Orthography (cursive) is emphasized beginning in grade 2, and grammar and etymology are emphasized as part of a comprehensive writing and composition program in upper elementary school (grades 3–6).

Elementary Math & Science. Math and science are given significant emphasis at the school at all grade levels. Saxon Math, a traditional math-fact-based approach, is used in grades K–12. By grade 5, students master multiplication tables (through 12x12) and have a firm foundation in basic mathematical operations of multiplication, division, addition, and subtraction. Science includes a comprehensive scope and sequence beginning in Kindergarten that includes introductions to and increasingly advanced units in Earth Science, Zoology, Astronomy, Botany, Geology, Anatomy/Physiology, Cytology, Ornithology, Oceanography, Meteorology, Chemistry, Physics, and Robotics. Extracurricular competitive math and science bowls/fairs, as well as afterschool Lego Robotics are offered for those students who are interested.

Elementary Calendar & Daily Schedule. The daily schedule for K–6 classes begins at 8:30 a.m. and concludes at 3:10 p.m., which represents a start-time 20 minutes later than grades 7–12 and an end-time the same as grades 7–12. The recreation hall is often open in the mornings for elementary students who are awaiting the morning bell and would like to start their day with physical activity. As is currently the practice in most classrooms, beginning at 8:15 a.m., teachers in grades K–6 also provide supplemental enrichment activities for students who arrive early and are awaiting the 8:30 a.m. bell. As always, if families have special circumstances pertaining to arrival or dismissal, we will be as flexible as possible to accommodate those schedules.

Elementary School Student Government. The Elementary Student Government Program for grades 5 and 6, which is separate from but prepares students for participation in the Student Government Association in middle and high school, continues to flourish. The Elementary Student Government Program teaches important principles of representative government through all-student meetings and student activity planning. Students learn to have a voice through making program proposals, and they also take a visible leadership role by encouraging and inspiring classmates to keep

important Honor Code commitments, including standards relating to kindness, respect, and the school uniform.

Experiential Learning in K-6. The current 2017–18 school year offers our first *Experiential Learning* opportunity for elementary students, offered in March 2018. Students will engage in project-based learning through both authentic and simulated experiences. Teachers design courses based on interest, allowing students to opt into courses of their choice. Field learning will also be employed, which gives students opportunities to discover the world beyond the walls of their classroom. K–3 will participate in two full days of experiential learning. Grades 4–6 will participate in three full days of experiential learning.

Middle and High School Programs (Grades 7–12)

Middle and High School General Philosophy. Adding to the foundation that was laid in elementary school, the middle and high school program at American Heritage School acknowledges that adolescent years are a critical development phase during which students are discovering the power that they have to be “agents unto themselves” (D&C 58:28). We acknowledge the growing importance of choice and accountability, and recognize that two of the most important reasons that students attend school are to have positive social interactions (friends), and a feeling of success and preparation for post-secondary life (missions, college, family, career, etc.). With these principles in mind, we like to say that American Heritage School is not just a “college prep school”—though we care deeply about preparing students for a successful college experience—rather, we are a “mission preparation school.” Our job is to help students magnify their missions in life with whatever gifts they have been given. Our hope for each high school graduate depends more than ever upon touching individual hearts with the light of Christ and His teachings, as well as equipping each graduate with the necessary skills and expertise to deliver that light in the ever-changing world into which they will embark.

Middle and High School Homeroom and Specialized Instruction. All students in grades 7–12 have the benefits of a combined homeroom and specialized instruction model that includes both an integrated homeroom class taught by a single instructor as well as specialized instruction in math, science, fine arts, foreign languages, and electives. Homeroom instructors integrate the subjects of Language Arts, Literature, Writing/Composition, and History/Geography (in high school, the subjects of Language Arts and Literature are offered as one combined course referred to as “English” for transcript purposes). As in previous years, grades 7–8 also have devotional as a separate 30-minute daily subject taught by their homeroom instructor. Currently, we anticipate grade 7–12 course offerings and teacher assignments as set forth on the attached “Course Offerings 2018–19” list.

Middle School Experiential Learning. In April 2018, we will offer for the first time *Experiential Learning* courses for Middle School students. Students will engage in project-based learning through both authentic and simulated experiences. Teachers design courses based on interest, allowing students to opt into courses of their choice. Field learning will also be employed, which gives students opportunities to discover the world beyond the walls of their classroom.

High School Graduation Requirements. In order to graduate from American Heritage High School, 29 credits are required according to the attached “High School Graduation Requirements” list. **Please note that effective in the 2018–19 school year, students will receive 1.0 credits for Written Portfolio and**

Senior Thesis instead of 0.5 credits previously awarded. This credit adjustment more accurately reflects the class time and homework expectations for these courses. The vast majority of students enrolling in our High School receive 7 to 8 credits per year for their coursework, depending upon their specific class schedule.

Mathematics. The math program is a strength at American Heritage and continues to be an area of particular focus in 2018–19. In a continuing effort to meet students at their various individual levels, we plan to continue our approach of relatively small math classes in our middle and high school math department. Saxon Math will continue to be used through AP Calculus (BC). **We added Statistics as an additional elective during the 2017–18 school year, and plan to continue it in 2018–19.** In addition to weekly volunteer math labs available to all students, many AHS math teachers stay after school on a regular basis to help students who are in need of one-on-one math tutoring. **Additionally, we offered a Math Pilot Program during the 2017–18 school year which we made available to students in Algebra Half and Algebra One.** This program allows students to progress at their own pace in a self-directed manner, resulting in increased flexibility and oftentimes reduced homework. **We plan to continue offering this math pilot as an opt-in program for Algebra Half and Algebra One for students who are eligible and would like to participate.**

Science. Over the last several years, the School has made tremendous progress in increasing student achievement in science, scoring above national norms on standardized science assessments in middle and high school (Explore, PLAN, PSAT, and ACT exams). Recently, American Heritage has implemented various improvements to our science program, including extended science periods and room renovations to better accommodate high school science labs. The school has also invested in mobile computer labs and mobile chemistry labs, which are frequently utilized at all levels of our science department, K–12. We continue to add to our science equipment inventory, including Microsoft Surface Tablets for each middle and high school science and math teacher, sound resonance equipment, high-power microscopes, and electrophoresis laboratory equipment. We are using a 3-D printer in our science classes and in our Introduction to Engineering class. Additionally, our Introduction to Engineering class is currently building two additional 3-D printers for school use, and recently used CAD to design and build model home prototypes. We continue to leverage field learning, experiential learning, and community project-based opportunities to provide students with science instruction and experiences outside of the classroom, including continued participation in regional science fairs. **This year we were able offer additional science courses of Medical Anatomy and Physiology as well as Introduction to Engineering, all of which we plan to continue offering in the 2018–19 school year. If interest, enrollment, and budget are sufficient, we plan to offer additional science courses in the 2018–19 year, including Medical Terminology and Astronomy. We will also be offering a STEM Senior Thesis option for those students who are interested in writing their senior thesis with a science and math focus.**

Athletics, Physical Education and Wellness. **AHS will offer two tracks in the 2018–19 year for middle and high school Physical Education that include curricular electives for student athletes of varying experience and commitment levels: (1) the “Athletic Track” for students who have joined UHSAA or USSA teams, or who are otherwise high-performing athletes, and (2) the “PE Track” for students of varying athletic levels from introductory to intermediate performance levels.** The Athletic Track allows advanced strength/conditioning classes during the day, and may allow some coaches to hold practice and training during the school day as well. This two-track system is intended to avoid combining students of widely different levels of athletic experience and interest in the same PE classes, which tends to significantly diminish the interest and progress of all involved. **If interest, enrollment,**

and budget are sufficient, we will also offer in the 2018–19 year a few new PE electives, including Introduction to Dance, Volleyball Fundamentals, and Basketball Fundamentals, as well as continuing the elective courses that we currently offer in Ballroom Dance, Health, and Yoga.

On-Campus Curricular Electives. In the 2018–19 school year, we anticipate offering the following curricular electives, primarily for high school students (grades 9–12). These electives satisfy high school graduation requirements, including fine arts, foreign language, science, math, and physical education. See attached “Course Offerings 2018–19” for more details. **The courses that we anticipate offering for the 2018–19 school year are highlighted in bold. The actual offering of classes listed here is subject to interest, enrollment, and budget considerations.** If at any point we decide not to offer an anticipated course, we will immediately notify school community and any students and families who have made that election.

- A Cappella Choir
- ACT Preparation Class (no credit)
- American Sign Language (I, II, III)
- AP Biology
- AP Calculus AB
- AP Chemistry
- AP English Language and Composition
- **AP European History**
- AP Music Theory and Aural Skills
- AP Physics I
- **AP Seminar**
- AP Statistics
- AP US Government
- Art (I, II, III-Portfolio, Explorations)
- **Astronomy**
- Ballroom Dance (I, II, Competition, Performance)
- **Basketball Fundamentals**
- Business Fundamentals
- Chamber Choir
- Constitutional Studies
- Creative Writing
- Debate/Speech (including Debate Tournament and Speech Competitions)
- Drama (I, II)
- Educational and Computer Technology
- Financial Literacy
- French (I, II, III)
- **Health and Physical Conditioning Athletic Track**
- Introduction to French, Spanish and ASL (8th Grade Only- no high school credit)
- **Introduction to Computer Science**
- Introduction to Statistics
- Intramural Sports (**Patriot Athletic League**) (no credit)
- **Journalism**
- Keyboarding (7th Grade Only)

- Lifetime Fitness
- Logic and Reasoning
- Medical Anatomy and Physiology
- **Medical Terminology**
- Men's Choir (7th and 8th Grade only)
- Mixed Choir
- Physical Conditioning
- Play Production (separate from Drama and Stagecraft)
- Principles of Leadership
- Public Speaking & Presentation (7th Grade Only)
- Robotics (7th and 8th Grade only)
- Seminary (9-12)
- Shakespeare Play Production (8th Grade Only)
- Spanish (I, II, III)
- Stagecraft and Event Tech
- **Student Government Class**
- Study Hall
- Teacher Mentor (Internship with AHS teachers)
- **Volleyball Fundamentals**
- Women's Choir (7th and 8th Grade only)
- Yearbook
- Yoga (9-12 - women only)

High school students desiring to take many of the above-listed electives AND complete the seminary program may elect to take early-morning seminary one or more years in high school.

Advanced Placement Courses. American Heritage School has a very strong average AP pass rate of over 80% of students scoring a three or higher on the AP exams that they take. For high school students in 2018–19, we are pleased to offer the following AP-certified electives: AP English Language and Composition, AP Calculus (AB), AP Biology, AP Chemistry, AP Physics I, AP Statistics, AP US Government, and **two new AP courses: AP Seminar and AP European History**. Students may also register to take AP exams whether the school offers the AP course or not. **With the introduction of AP Seminar, we will be implementing an AP Capstone Diploma option for students who satisfy the following conditions: (1) take and pass AP Seminar, (2) take and pass AP Research (available in the 2019–20 school year), (3) take and pass any four additional AP courses (scores of 3 or higher are required to pass AP exams).** Note that AP credit may be received by successfully passing an AP exam *regardless of whether an AP course, text, or curriculum was actually taken or provided*. In connection with American Heritage School's AP program, we provide subject-specific mentors, college advisement services, information pertaining to AP test dates, in-house AP exam location (all AP exams can be administered at the school), preparation opportunities, and we also make available to students AP study guides and other preparation materials for library checkout.

Experiential Learning. American Heritage School's Experiential Learning serves as an intensive implementation of the 4R-ing methodology, with the purpose of bridging academic experiences and exploration of real world applications—all in harmony with American Heritage School's mission statement. **Based upon popularity and demand, in the 2017–18 school year, Experiential Learning was offered twice instead of just once as it has been in previous years, which we plan to continue in the**

2017–18 year. Experiential Learning is a course of study devoted to a single subject selected by the student. For the January 2018 Experiential Learning, we offered courses in Zoology; Aerospace Physics and Engineering; The Arts; Interior Design; Athletics for Life; Entrepreneurship, Bookmaking, Constitutional Studies: Spiritual and Temporal Preparation, Decoding China, Portrait Photography, and Clothing Design, Manufacturing and Theatrical and Comedic Improvisation, and Woodworking. During Experiential Learning Week, regular classes in grades 9–12 are suspended and replaced with project-based, real-world learning experiences in academic fields of interest to AHS students under the mentorship of qualified AHS instructors, guest presenters, and practitioners. Courses include field learning, laboratory study, and guest presenters. High school students receive a letter grade and .25 credit for each year of Experiential Learning Week participation. Experiential Learning credit is required for graduation.

ACT Test Prep Classes. American Heritage School continues to offer free ACT preparation classes on Fridays when regular school is not being held throughout the school year. **Additionally, we will offer an ACT Test prep camp in June at the completion of the school year.** As during the present school year, in the 2018–19 school year we will provide eleven ACT prep classes. These classes are taught by Mrs. Ann Meeks, an AHS parent who has extensive experience teaching ACT preparation courses throughout the western United States. All students take an initial diagnostic practice ACT, which is graded personally by Mrs. Meeks. She then provides individualized comments to each student including recommendations and test-taking strategies to improve their ACT score. These skills are subsequently taught in free, monthly ACT prep classes focused on the different components of the ACT exam.

Seminary. The LDS Church Seminary and Institute Program offers release-time sections of seminary held on-campus at American Heritage School throughout the day, including an early morning section of seminary from 7:10 a.m. to 8:00 a.m. Given AHS's mission of educating students in the light of the Restored Gospel, Seminary is strongly encouraged for all AHS high school students, including those who are not members of the LDS Church; however, seminary is not required for graduation. Students opting not to take seminary should speak with AHS administration.

Extracurricular Athletics and "Patriot Athletic League" Programs. The sports programs offered for grades 9–12 include basketball, soccer, cross-country, volleyball, and, **beginning in 2018–19, high school tennis, and track and field.** Most high school sports include boys' and girls' teams, as well as junior-varsity and varsity levels, based upon demand. The sports programs offered for grades 7–8 include basketball, soccer, cross-country, and ultimate frisbee. All participation in AHS sports programs counts toward Physical Education graduation requirements. **New this year, AHS will offer not only teams in the UHSAA league, but also a unique "All Participate" initiative in PE and afterschool athletics that provides leveled participation opportunities for all students based upon experience and commitment:**

- **UHSAA (Utah High School Activities Association:** high competition, high expense, high time commitment);
- **USSA (Utah Scholastic Sports League:** moderate competition, moderate expense, and moderate time commitment);
- **PAL ("Patriot Athletic League" AHS intramural program: more participative than competitive, but will include coaches and referees,** low to no expense, minimal time commitment, and available to students regardless of ability level). PAL games (and

practices, if any) will typically take place outside of school hours. This league will replace our current Intramurals program, and will receive graduation credit.

The intention of the “All Participate” philosophy is to provide team-based sports opportunities for all interested students, and to encourage all students to be involved in at least one team-based sport during the course of the year. Although the “All Participate” approach will not include a pure “no-cut” policy (there will be necessary “cut-offs” in terms of the number of students that can be selected for UHSAA- and USSA-level teams), **it is the school’s intention to provide an organized team-based experience, including coaching and referees, for as many students as we reasonably can within budget, scheduling, facilities, and staffing constraints.**

Extracurricular Arts and Other Programs. Extracurricular drama and musical productions, as well as extracurricular orchestra and choir (beginning, intermediate, and advanced) are offered conditional upon successful audition. Students are also welcome to participate in the School Service Association (IUWE), National Honor Society (based upon meeting academic requirements), Chess Group, and Lego Robotics (middle school only). Participant fees for each activity vary, including some that are free. **New this year, the Eighth Grade Shakespeare play will no longer be offered as a curricular program, but rather as an extracurricular elective for those eighth-grade students who audition and are selected.**

Summer Programs. **Starting in 2017, we began offering a variety of summer courses, which we plan to continue and expand in the summer of 2018.** These classes are open to currently enrolled AHS students and other students in the community. **We are especially excited to offer a computer coding class this summer, called “Code to Success,” which is a 9-week (June 11–August 9) summer coding boot camp for high school students.** This course provides students with the opportunity to access training modules, receive one-on-one mentoring from experts, and take advantage of networking opportunities to pursue internships. The goal is to bridge the gap between education and industry by getting students interested in programming and setting them up on a successful educational pathway in computer science (see <https://ctsutah.com/> or contact Elizabeth Acuña at eacuna@ahsmail.com for more information). **Other classes that will be offered this summer for upper elementary students include Musical Theatre, Cooking, STEM, Liberty Girls Retreat, Sewing, Space Camp, Constitution Bee, Sports, and Agility, Speed and Vertical Training. Classes that will be offered for Middle and High School students include Algebra I (full credit), Scholars Camp (learning strategies and styles), Musical Theatre, Sewing, Cooking, Group Voice Lessons, Constitution Bee, Lyceum Music Festival (and Youth), Basketball, Volleyball, Soccer, Vertical Training, Strength and Conditioning.** Amazing Read Summer Adventure (a free course open to all K-6 students) will also be offered.

Student Government. Middle and High School Student Government operates with class officers in grades 7–12. Student Government officers in high school (grades 9–12) receive .5 credits each year for participating in the program, and operate with their own budget. High School Student Government officers will continue to have direct access to administration through a Student Government class that will meet weekly during eighth period. **Mr. Hymas will continue to serve as the Student Government advisor and, new in 2018–19, will teach a .5-credit Student Government class during the week that will give high school Student Government officers curricular time to plan and organize their events.** Middle School Student Government meet under the direction of Mrs. Newman. Other administrators, including Mr. Beckwith and Mrs. Acuña, will continue to be closely involved with the Student Government program.

Calendar and Daily Schedule. The 7–12 school day begins at 8:10 a.m. and ends at 3:10 p.m., not including early morning seminary and extracurricular programs. By way of comparison, the total in-class hours for middle and high school are just slightly less than the total in-class hours of the Alpine School District middle and high school calendars, even though the number of school days at AHS continues to be less (21 days less: we start the school year later in August, end sooner in May, and take a full week’s break at Thanksgiving and Easter, as well as a two full weeks’ break at Christmas). Even with 21 days less than the Alpine School District, we still accomplish approximately the same total in-class hours of the Alpine School District because we avoid a number of part-day schedules that are commonly used in the public system, and because we have slightly longer school days when we are in session.

Technology Initiative. Recognizing the vital role of technology in education, we will continue to provide the option for high school students (grades 9–12) to use personal laptops at school for note taking, research, and writing purposes related to school curriculum. **Effective in the 2017–18 school year, we expanded that initiative to include middle school (grades 7–8) on a limited basis at the discretion of teachers for specific assignments facilitated by the school’s mobile computer lab and personal laptops. We plan to continue the same approach to our middle school technology initiative in the 2018–19 year.**

Accreditation. American Heritage School is accredited through AdvancED (same accreditation association that accredits the public school regionally) and is listed on the Utah State Office of Education’s register of accredited Utah schools. American Heritage School is also a fully accredited member of the Northwest Association of Independent Schools (NWAIS). For information related to AdvancED and NWAIS, please see their websites at <http://www.nwais.org/> and <http://www.advanc-ed.org/>. As important as accreditation is, please note that most college admissions offices are far less concerned about accreditation than they are about the capability of the individual student, as measured by the student’s academic performance, the array of classes taken, and standardized test scores of the student.

Standardized Testing. American Heritage School prepares students to succeed on standardized exams while at the same time avoiding an over-fixation with high-stakes exams that has in many other schools compromised substantive education and distracted from more inspiring curriculum and learning. We also provide free extracurricular exam preparation seminars (held on most K–12 In-service Fridays) that help students to prepare for ACT and SAT exams. We administer selections of ACT and SAT preparation exams to our students in grades 10–12. We administer standardized tests as necessary and appropriate to provide parents, teachers, and college admissions offices with the benefit of comparable and credible performance data for each of our students. Based upon our experience, and consistent with the trends of various other private schools in Utah, we will continue to administer the PSAT/NMSQT to 10th and 11th Grade students, the ACT PLAN exam to 9th Grade students, the ACT EXPLORE and STAR exams to 8th Grade students, and the STAR exam to 7th grade students. The STAR Reading exam is also given to students in grades 9–11. ACT EXPLORE, ACT PLAN and PSAT/NMSQT exams have value not only as norm-referenced national standardized exams, but also as preparatory exams for the ACT and SAT, which are accepted by all universities in the nation. In elementary school, we administer STAR Reading, STAR Math, and STAR Early Literacy with a limited sequence and frequency sufficient to aid teachers and parents in assessing progress. For more information on standardized testing at AHS, see: <http://american-heritage.org/Content/Docs/Curriculum/Standardized Assessment FAQ.pdf>

Home & Distance Education. American Heritage Home and Distance Education courses are available to students enrolled on campus, and provide significant flexibility and additional elective options for students with varying interests. They also provide opportunities for credit advancement and credit

recovery. For more information about available courses please visit <https://thefamilyschoolonline.org/#/>.

College Preparation and Admission. Our high school program is producing outstanding students that are being sought after by some of the finest colleges in the country. The seven graduating senior classes since 2011, comprising 244 students, have a graduation rate of well over 95%, with average ACT scores exceeding 25, including multiple National Merit qualifiers and recipients. Universities and colleges that have admitted American Heritage School graduates, many on scholarship, include:

Arizona State University
Boston College
Brigham Young University (all campuses)
Dixie State College
Edmonds College
Emory University
Florida Institute of Technology
George Wythe College
Indiana University
Institute of Chicago School of Art
LDS Business College
McGill University (Quebec)
New York University
Purdue University
Snow College
Southern Virginia University
University of British Columbia
University of California at Davis
University of California at Los Angeles
University of California at Santa Barbara
University of California at Santa Cruz
University of California at San Diego
University of Michigan
University of Toronto
University of Utah
University of Washington
Utah State University
Utah Valley University
Washington University in St. Louis
Weber State University

Of the 244 AHS graduates since our charter class in 2011, nearly 100% have gone directly to college or on a mission. Obviously, we cannot guarantee that a student graduating from American Heritage High School will be accepted to any school of his/her choice; however, we are confident that our students will be well qualified for great colleges and universities—and that if they will diligently apply themselves not only to their coursework here, but also to the spirit and mission of American Heritage School, they will prove to be some of the most successful college students, community members, husbands and wives, and fathers and mothers in their national graduating class. American Heritage School

provides advancement, high school credit, and college entrance counseling for all high school students. School counselors conduct College, Career and Life Readiness meetings with each high school student (and their parents when possible) at least once each year.

As exciting as our program growth and development is, our number one focus as we grow is to promote a spirit of Christian character, inspired scholarship, and self-governed liberty in the individual hearts and minds of each student, "one by one" (3 Nephi 17:21). We appreciate the support and enthusiasm of so many in our school community who continue to provide input, ideas, people, and resources to help make this endeavor an overwhelming success, and to further bless the lives of the rising generation!

Sincerely,



Grant Beckwith
Principal

AMERICAN HERITAGE SCHOOL

High School Graduation Requirements

REQUIRED AREAS	CREDITS	9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
ENGLISH	4	English 9°	English 10°	English 11° or AP Language and Composition°	English 12°
WORLD HISTORY	4	World History I and Geography°	World History II°	American History°	American Gov't & Econ° or AP Government°
WRITTEN PORTFOLIO/ SENIOR THESIS	4	Written Portfolio I	Written Portfolio II	Written Portfolio III or AP Seminar	Senior Thesis or STEM Senior Thesis
MATH	3	Algebra Half°	Algebra 1°	Algebra 2°	Pre-Calc*° or Intro to Stats*°
		Algebra 1°	Algebra 2°	Pre-Calculus A°	Pre-Calculus B°
		Algebra 2°	Pre-Calculus°	Pre-Calculus AB°	AP Calculus AB°
				Intro to Stats°	AP Statistics*°
SCIENCE	3	Biology°	Chemistry°	Physics°	AP Biology*°, AP Chemistry*° or AP Physics*° or science electives
				Introduction to Engineering	
				Medical Anatomy & Physiology	
				Science Electives	
FOREIGN LANGUAGE	2	Spanish 1°/ French 1°/ ASL 1°	Spanish 2°/ French 2°/ ASL 2°	Spanish 3°*/ French 3°*/ ASL 3°*	
FINE ARTS	1.5	1.5 Credits to be completed during grades 9-12 (Art, Ballroom, Choir, Drama, Theater, Debate, Creative Writing, Music, Journalism)			
PHYSICAL EDUCATION	1.5	1.5 Credits to be completed during grades 9-12 (PE, Health, Ballroom, Yoga, Athletic Conditioning, Sports Teams)			
PRINCIPLES OF LEADERSHIP	0.5	Principles of Leadership			
COMPUTER TECHNOLOGY	0.5	Computer Technology or Intro to Computer Science			
FINANCIAL LITERACY	0.5			Financial Literacy	
EXPERIENTIAL LEARNING	1	Experiential Learning 9	Experiential Learning 10	Experiential Learning 11	Experiential Learning 12
ELECTIVES	3.5	Student choice based on interest, abilities, talents and may include additional courses offered in Fine Arts, Foreign Language, Physical Education, World Language, Experiential Credit, etc.			
GRADUATION REQUIREMENTS	29	*Recommended, not required classes for graduation °Regents' Scholarship Approved (For more info, please visit https://stepuputah.com/regentssscholarship/)			



Course Offerings 2018-19, Grades 7–12

Grade	Type	Subject	Teacher	Credit
7	Required	Homeroom (Devotional, Geography, History, Language Arts, and Literature)	Mr. Crossley/Mrs. Updike/Mr. Raleigh	
7	Required	Math (8/7) or Math (Algebra 1/2) or Math (Algebra I) Customized Algebra ½ and Algebra I	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	
7	Required	7 th Men’s/Women’s Choir	Mr. Swenson/Mrs. McMurray	
7	Required	Physical Education (Boys/Girls) Athletic or PE Track options	Mr. Smith/Mrs. Olpin/Mrs. Bigelow	
7	Required	Science	Mrs. Newman	
7	Elective	Art	Mrs. Culver	
7	Elective	Keyboarding	Mrs. Burr	
7	Elective	Public Speaking and Presentation	Mrs. Perry	
7	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson/Mrs. McMurray	
7	Elective	Boys Basketball (Extracurricular)	Coach Pierce or TBD	
7	Elective	Co-ed Soccer (Extracurricular)	TBD	
7	Elective	Co-ed Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	
7	Elective	Girls Basketball (Extracurricular)	Coach Olpin or TBD	
7	Elective	Orchestra (Extracurricular)	Mrs. Willey/Mrs. Riley/Mrs. Lundberg	
7	Elective	Patriot Athletic League (Extracurricular)	PE Staff	
7	Elective	Robotics (Extracurricular)	Dr... Anderson	
7	Elective	Student Government (Extracurricular)	Mrs. Newman	
7	Elective	Ultimate Frisbee (Extracurricular)	Coach Andersen	
8	Required	Homeroom (Devotional, Geography, History, Language Arts, and Literature)	Mrs. Yamada/Mr. Griffith/Mrs. Hansen	
8	Required	Drama	Mrs. Perry	
8	Required	Math (8/7) Math (Pre-Algebra) or Math (Algebra I)	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	
8	Required	Science	Mrs. Newman	
8	Required	8 th Men’s/Women’s Choir	Mr. Swenson/Mrs. McMurray	

8	Required	Physical Education (Boys/Girls) Athletic or PE Track Options	Mr. Smith/Mrs. Olpin/Mrs. Bigelow	
8	Elective	Introduction to American Sign Language	Mrs. Broud	
8	Elective	Art	Mrs. Culver	
8	Elective	Introduction to Ballroom	Mrs. McOmber	
8	Elective	Introduction to French	Mrs. Andrus	
8	Elective	Shakespeare: His Life, Plays and Times	Mrs. Yamada/Mr. Griffith/Mrs. Hansen	
8	Elective	Shakespeare Play (Extracurricular)	Mrs. Perry	
8	Elective	Introduction to Spanish	Mr. Beck	
8	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	
8	Elective	Boys Basketball (Extracurricular)	Coach Pierce or TBD	
8	Elective	Co-ed Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	
8	Elective	Co-ed Soccer (Extracurricular)	TBD	
8	Elective	Girls Basketball (Extracurricular)	Coach Olpin or TBD	
8	Elective	Orchestra (Extracurricular)	Mrs. Willey Mrs. Riley/Mrs. Lundberg	
8	Elective	Patriot Athletic League (Extracurricular)	PE Staff	
8	Elective	Robotics (Extracurricular)	Dr. Anderson	
8	Elective	Student Government (Extracurricular)	Mrs. Newman	
8	Elective	Ultimate Frisbee	Coach Andersen	
9	Required	Biology	Dr. Anderson	1.0
9	Required	Homeroom (English 9, Ancient World History/ Geography, Written Portfolio I)		3.0
9	Required	Computer Technology	Mr. Beck/Mr. DeBoer	0.5
9	Required	Math (Algebra 1/2) or Math (Algebra I) or Math (Algebra II)	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	1.0 1.0
9	Required	Principles of Leadership	Mr. Beckwith	0.5
9	Elective	ACT Preparation Class	Mrs. Meeks	NC
9	Elective	Advisory	Staff	NC
9	Elective	American Sign Language I	Mrs. Broud	1.0
9	Elective	American Sign Language II	Mrs. Broud	1.0
9	Elective	Art I	Mrs. Culver	0.5
9	Elective	Astronomy	Mr. DeBirk	0.5
9	Elective	Ballroom Dance I	Mrs. McOmber	0.5
9	Elective	Basketball Fundamentals	Coach Smith	0.5
9	Elective	Business Fundamentals	Mr. Hale	0.5/1.0

9	Elective	Constitutional Studies	Mr. Haymond	0.5/1.0
9	Elective	Debate	Mr. Haymond	1.0
9	Elective	Drama I	Mrs. Perry	0.5
9	Elective	French I	Mrs. Andrus	1.0
9	Elective	French II	Mrs. Andrus	1.0
9	Elective	Health	Mrs. Bigelow	1.0
9	Elective	Introduction to Computer Science	Mr. DeBoer	0.05
9	Elective	Introduction to Engineering	Mr. DeBirk	1.0
9	Elective	Introduction to Dance	TBD	0.5/1.0
9	Elective	Journalism	Mrs. Hilmo	0.5/1.0
9	Elective	Medical Terminology	Dr. Anderson	0.5
9	Elective	Mixed Choir	Mr. Swenson/Mrs. McMurray	/1.0
9	Elective	Photography	Mrs. Beckham	1.0
9	Elective	Physical Conditioning (Mixed) Athletic or PE Track Options	Mr. Smith	0.5/1.0
9	Elective	Play Production (nonmusical-audition only)	Mrs. Perry	0.5
9	Elective	Seminary (Daytime)	Br. Gentile	
9	Elective	Seminary (Early Morning)	Br. Gentile	
9	Elective	Spanish I.	Mr. Beck	1.0
9	Elective	Spanish II	Mr. Beck	1.0
9	Elective	Stagecraft	Mr. Clark	0.5/1.0
9	Elective	Student Government	Mr. Hymas	0.5
9	Elective	Volleyball Fundamentals	PE Staff	0.5
9	Elective	Yearbook Production	Mr. Beck	1.0
9	Elective	Yoga (Women's)	Mrs. Cobb	0.5/1.0
9	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
9	Elective	Boys' Junior Varsity Basketball (Extracurricular)	Coach Randall	0.5
9	Elective	Boys' Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
9	Elective	Boys Soccer (Extracurricular)	Coach Gentile	0.25
9	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
9	Elective	Girls' Junior Varsity Basketball (Extracurricular)	Coach Lee	0.5
9	Elective	Girls' Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
9	Elective	Girls Soccer (Extracurricular)	Coach Carter	0.25
9	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
9	Elective	Musical (Extracurricular)	Mrs. Perry/Mr. Swenson	0.5
9	Elective	National Honor Society (Extracurricular)	Mr. Hymas	NC
9	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5

9	Elective	Patriot Athletic League (Extracurricular)	PE Staff	0.25
9	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
9	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0
9	Elective	Tennis (Extracurricular)	Coach Duncan	0.25
9	Elective	Track and Field	Coach Smith	0.25
10	Required	AP Chemistry/Chemistry	Mr. Adams	1.0
10	Required	Homeroom (English 10, Modern World History, AP European History , Written Portfolio II)	Mr. Earnest/Miss Crossley	3.0
10	Required	Math (Pre-Calculus), Math (Introduction to Statistics) Math (Algebra I) or Math (Algebra II)	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	1.0 1.0 1.0
10	Elective	ACT Preparation Class	Mrs. Meeks	NC
10	Elective	American Sign Language I	Mrs. Broud	1.0
10	Elective	American Sign Language II	Mrs. Broud	1.0
10	Elective	American Sign Language III	Mrs. Broud	1.0
10	Elective	AP Biology	Mr. Adams	1.0
10	Elective	Art I	Mrs. Culver	0.5
10	Elective	Art II	Mrs. Culver	0.5
10	Elective	Astronomy	Mr. DeBirk	0.5
10	Elective	Ballroom Dance I	Mrs. McOmber	0.5
10	Elective	Ballroom Dance II	Mrs. McOmber	0.5
10	Elective	Basketball Fundamentals	Coach Smith	0.5
10	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
10	Elective	Computer Programing	Mr. DeBoer	0.5
10	Elective	Constitutional Studies	Mr. Haymond	0.5/1.0
10	Elective	Creative Writing	Mrs. Hilmo	1.0
10	Elective	Debate /Speech	Mr. Haymond	1.0
10	Elective	Drama I	Mrs. Perry	0.5
10	Elective	Drama II	Mrs. Perry	0.5
10	Elective	French I	Mrs. Andrus	1.0
10	Elective	French II	Mrs. Andrus	1.0
10	Elective	French III	Mrs. Andrus	1.0
10	Elective	Health	Mrs. Bigelow	1.0
10	Elective	Introduction to Computer Science	Mr. DeBoer	0.5
10	Elective	Introduction to Engineering	Mr. DeBirk	1.0
10	Elective	Introduction to Dance	TBD	0.5/1.0
10	Elective	Journalism	Mrs. Hilmo	0.5/1.0

10	Elective	Medical Terminology	Dr. Anderson	0.50
10	Elective	Medical Anatomy and Physiology	Mr. Anderson	1.0
10	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
10	Elective	Photography	Mrs. Beckham	1.0
10	Elective	Physical Conditioning (Mixed) Athletic or PE Track Options	Mr. Smith	0.5/1.0
10	Elective	Play Production (nonmusical—audition-only)	Mrs. Perry	0.5
10	Elective	Seminary (Daytime)	Br. Gentile	
10	Elective	Seminary (Early Morning)	Br. Gentile	
10	Elective	Spanish I	Mr. Beck	1.0
10	Elective	Spanish II	Mr. Beck	1.0
10	Elective	Spanish III	Mr. Beck	1.0
10	Elective	Stagecraft & Event Tech	Mr. Clark	0.5/1.0
10	Elective	Student Government	Mr. Hymas	0.5
10	Elective	Volleyball Fundamentals	Coach Smith	0.5
10	Elective	Yearbook Production	Mr. Beck	1.0
10	Elective	Yoga (Women's)	Mrs. Cobb	0.5/1.0
10	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
10	Elective	Boys Junior Varsity Basketball (Extracurricular)	Coach Randall	0.5
10	Elective	Boys Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
10	Elective	Boys Soccer (Extracurricular)	Coach Gentile	0.25
10	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
10	Elective	Girls Junior Varsity Basketball (Extracurricular)	Coach Olpin	0.5
10	Elective	Girls Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
10	Elective	Girls Soccer (Extracurricular)	Coach Carter	0.25
10	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
10	Elective	Musical (Extracurricular)	Mrs. Perry/Mr. Swenson	0.5
10	Elective	National Honor Society (Extracurricular)	Mr. Hymas	NC
10	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
10	Elective	Patriot Athletic League (Extracurricular)	PE Staff	0.25
10	Elective	Physical Conditioning	Mr. Smith	1.0
10	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
10	Elective	Stagecraft & Event Tech (Extracurricular)	Mr. Clark	0.5/1.0

11	Required	Physics	Mr. DeBirk	1.0
11	Required	Homeroom (English or AP English Language, American History, Written Portfolio III, AP Seminar)	Mr. Hymas/Miss Crossley	3.0
11	Required	Financial Literacy	Mr. Hunsaker	0.5
11	Required	Math (Algebra II), Math (Pre-Calculus), Math (AP Calculus AB/BC), Math (Introduction to Statistics) or Math (AP Statistics)	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	1.0 1.0 1.0 1.0
11	Elective	A Capella Choir (audition only)	Mr. Swenson	1.0
11	Elective	ACT Preparation Class	Mrs. Meeks	NC
11	Elective	American Sign Language I	Mrs. Broud	1.0
11	Elective	American Sign Language II	Mrs. Broud	1.0
11	Elective	American Sign Language III	Mrs. Broud	1.0
11	Elective	AP Biology	Mr. Adams	1.0
11	Elective	AP Chemistry	Mr. Adams	1.0
11	Elective	AP Music Theory and Aural Skills	Mr. Swenson	1.0
11	Elective	Art I	Mrs. Culver	1.0
11	Elective	Art II	Mrs. Culver	1.0
11	Elective	Art III	Mrs. Culver	1.0
11	Elective	Art IV	Mrs. Culver	0.5
11	Elective	Astronomy	Mr. DeBirk	0.5
11	Elective	Ballroom Dance I	Mrs. McOmber	0.5
11	Elective	Ballroom Dance II	Mrs. McOmber	0.5
11	Elective	Ballroom Dance III	Mrs. McOmber	0.5
11	Elective	Basketball Fundamentals	Coach Smith	0.5
11	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
11	Elective	Chamber Choir (audition-only)	Mr. Swenson	0.5
11	Elective	Computer Programing	Mr. DeBoer	0.5
11	Elective	Constitutional Studies	Mr. Haymond	0.5/1.0
11	Elective	Creative Writing	Mrs. Hilmo	1.0
11	Elective	Debate /Speech	Mr. Haymond	1.0
11	Elective	Drama I	Mrs. Perry	0.5
11	Elective	Drama II	Mrs. Perry	0.5
11	Elective	French I	Mrs. Andrus	1.0
11	Elective	French II	Mrs. Andrus	1.0
11	Elective	French III	Mrs. Andrus	1.0
11	Elective	Health	Mrs. Bigelow	0.5/1.0
12	Elective	Introduction to Computer Science	Mr. DeBoer	0.5

11	Elective	Introduction to Engineering	Mr. DeBirk	1.0
11	Elective	Introduction to Dance	TBD	0.5/1.0
11	Elective	Journalism	Mrs. Hilmo	0.5/1.0
11	Elective	Medical Terminology	Dr. Anderson	0.50
11	Elective	Medical Anatomy and Physiology	Mr. Anderson	1.0
11	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
11	Elective	Photography	Mrs. Beckham	1.0
11	Elective	Physical Conditioning (Mixed) Athletic or PE Track Options	Mr. Smith	0.5/1.0
11	Elective	Seminary (Daytime)	Br. Gentile	NC
11	Elective	Seminary (Early Morning)	Br. Gentile	NC
11	Elective	Spanish I	Mr. Beck	1.0
11	Elective	Spanish II	Mr. Beck	1.0
11	Elective	Spanish III	Mr. Beck	1.0
11	Elective	Stagecraft & Event Tech	Mr. Clark	0.5/1.0
11	Elective	Student Government	Mr. Hymas	0.5
11	Elective	Teacher Mentor	Mrs. Brockbank	0.5/1.0
11	Elective	Volleyball Fundamentals	Coach Smith	0.5
11	Elective	Yearbook Production	Mr. Beck.	1.0
11	Elective	Yoga (Women's)	Mrs. Cobb	0.5/1.0
11	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
11	Elective	Boys Basketball (Extracurricular)	Coach Whitehead	0.5
11	Elective	Boys Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
11	Elective	Boys Soccer (Extracurricular)	Coach Gentile	0.25
11	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
11	Elective	Girls Basketball (Extracurricular)	Coach Davis	0.5
11	Elective	Girls Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
11	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
11	Elective	Girls Soccer (Extracurricular)	Staff	0.25
11	Elective	Musical (Extracurricular)	Mrs. Perry/Mr. Swenson	0.5
11	Elective	National Honor Society (Extracurricular)	Mr. Hymas	NC
11	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
11	Elective	Patriot Athletic League (Extracurricular)	PE Staff	0.25
11	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
11	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0

12	Required	Homeroom (English 12, American Government & Economics or AP US Government and Politics, Senior Thesis, STEM Senior Thesis)	Mr. Haymond/Mr. Anderson (STEM Senior Thesis)	3.0
12	Elective	A Capella Choir (audition only)	Mr. Swenson	1.0
12	Elective	ACT Preparation Class	Mrs. Meeks	NC
12	Elective	American Sign Language I	Mrs. Broud	1.0
12	Elective	American Sign Language II	Mrs. Broud	1.0
12	Elective	American Sign Language III	Mrs. Broud	1.0
12	Elective	AP Biology	Mr. Adams	1.0
12	Elective	AP Chemistry	Mr. Adams	1.0
12	Elective	AP Music Theory and Aural Skills	Mr. Swenson	1.0
12	Elective	AP Physics	Mr. DeBirk	1.0
12	Elective	Art I	Mrs. Culver	1.0
12	Elective	Art II	Mrs. Culver	1.0
12	Elective	Art III	Mrs. Culver	1.0
12	Elective	Art IV	Mrs. Culver	0.5
12	Elective	Astronomy	Mr. DeBirk	0.5
12	Elective	Ballroom Dance I	Mrs. McOmber	0.5
12	Elective	Ballroom Dance II	Mrs. McOmber	0.5
12	Elective	Ballroom Dance III	Mrs. McOmber	0.5
12	Elective	Basketball Fundamentals	Coach Smith	0.5
12	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
12	Elective	Chamber Choir (audition-only)	Mr. Swenson	0.5
12	Elective	Computer Programing	Mr. DeBoer	0.5
12	Elective	Constitutional Studies	Mr. Haymond	0.5/1.0
12	Elective	Creative Writing	Mrs. Hilmo	1.0
12	Elective	Debate /Speech	Mr. Haymond	1.0
12	Elective	Drama I	Mrs. Perry	0.5
12	Elective	Drama II	Mrs. Perry	0.5
12	Elective	French I	Mrs. Andrus	1.0
12	Elective	French II	Mrs. Andrus	1.0
12	Elective	French III	Mrs. Andrus	1.0
12	Elective	Health	Mrs. Bigelow	0.5/1.0
12	Elective	Introduction to Computer Science	Mr. DeBoer	0.5
12	Elective	Introduction to Engineering	Mr. DeBirk	1.0
12	Elective	Introduction to Dance	TBD	0.5/1.0
12	Elective	Journalism	Mrs. Hilmo	0.5/1.0
12	Elective	Logic and Reasoning	Mr. Hancock	0.5
12	Elective	Medical Anatomy and Physiology	Mr. Anderson	1.0
12	Elective	Medical Terminology	Dr. Anderson	0.50

12	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
12	Elective	Math (Algebra II), Math (Pre-Calculus), Math (AP Calculus AB/BC), Math (Introduction to Statistics) or Math (AP Statistics)	Miss. Heiner, Mrs. Long, Mr. Meade, Mrs. Larsen, or Mr. Wood	1.0 1.0 1.0 1.0
12	Elective	Photography	Mrs. Beckham	1.0
12	Elective	Physics	Mr. DeBirk	1.0
9	Elective	Physical Conditioning (Mixed) Athletic or PE Track Options	Mr. Smith	0.5/1.0
12	Elective	Play Production (nonmusical – audition-only)	Mrs. Perry	0.5
12	Elective	Seminary (Daytime)	Br. Gentile	
12	Elective	Seminary (Early Morning)	Br. Gentile	
12	Elective	Spanish I (Beginning)	Mr. Beck	1.0
12	Elective	Spanish II (Intermediate)	Mr. Beck	1.0
12	Elective	Spanish III (Advanced)	Mr. Beck	1.0
12	Elective	Stagecraft & Event Tech	Mr. Clark	0.5/1.0
12	Elective	Student Government	Mr. Hymas	0.5
12	Elective	Volleyball Fundamentals	Coach Smith	0.5
12	Elective	Yearbook Production	Mr. Beck.	1.0
12	Elective	Yoga (Women's)	Mrs. Cobb	0.5
12	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
12	Elective	Boys Basketball (Extracurricular)	Coach Whitehead	0.5
12	Elective	Boys Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
12	Elective	Boys Soccer (Extracurricular)	Coach Gentile	0.25
12	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
12	Elective	Girls Basketball (Extracurricular)	Coach Davis	0.5
12	Elective	Girls Cross-Country (Extracurricular)	Coach Smith/Coach Olpin	0.25
12	Elective	Girls Soccer (Extracurricular)	Coach Carter	0.25
12	Elective	Musical (Extracurricular)	Mrs. Perry/Mr. Swenson	0.5
12	Elective	National Honor Society (Extracurricular)	Mr. Hymas	NC
12	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
11	Elective	Patriot Athletic League (Extracurricular)	PE Staff	0.25
12	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
12	Elective	Stagecraft & Event Tech (Extracurricular)	Mr. Clark	0.5/1.0

(Updated January 2018)