



K-12 STUDENT UNIFORM POLICY

| Purpose and Implementation | Dress Standards |
|---|---|
| <p>We believe that properly wearing the uniform</p> <ul style="list-style-type: none"> • Displays unity, modesty, neatness, and dignity; • Demonstrates respect for self, education, teachers, and fellow students; • Facilitates focus on learning and service, rather than on clothing and accessories; • Supports an appropriate distinction between the genders; and • Reminds students of their commitment to live by the American Heritage Mission Statement. <p>All male students at AHS are expected to wear the boys' uniform and abide by the dress and grooming standards set forth for boys, and all female students are expected to wear the girls' uniform and abide by the dress and grooming standards set forth for girls.</p> <p>Students wearing the proper uniform will be admitted to class. The uniform standard will be in place until 3:10 p.m. each school day. All non-uniform items, including but not limited to coats, jackets, sweatshirts, and hoodies, must be removed as soon as practical after entering the building, and immediately upon entering class. Personal coats or jackets may only be worn inside the building when a student is actively in the process of exiting to or entering from outside activities. Given that there is limited space for coats and jackets in the lunchroom, students who are planning to go outside during lunchtime recess may wear their non-uniform coats, jackets or sweatshirts during lunch in the lunchroom.</p> <p>We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.</p> <p>Definitions for terms used in the uniform policy:</p> <ul style="list-style-type: none"> • Conservative: Restrained; avoiding showiness • Modest: Excludes short skirts, tight clothing, and revealing attire • Non-distracting: Not drawing attention to oneself • Small: Fine, minute, diminutive, slender, thin, little, of small diameter • Subtle: Fine, thin, delicate, slight, faint, refined, difficult to perceive <p>Please refer to the AHS website for complete information about the uniform, including full-color photos, ordering information, FAQ's, shopping lists, and the current official uniform policy.</p> | <ul style="list-style-type: none"> • Clothing should fit appropriately (neither tight nor baggy). • Pants on boys and young men should be conservative in style and not tight or slim fitting. • Alterations, other than hemming, are NOT permitted! • Skirts, shifts, jumpers, and skorts on girls and young women should be modest in length and fit. The minimum length should allow for the skirt to naturally touch the kneecap. • K-12 girls and young women must wear snug-fitting black or navy biker style shorts daily under skirts, shifts, jumpers, and skorts (except when wearing opaque tights). Biker style shorts may not extend below the hemline of the uniform. • Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve. • Socks must be worn at all times. Alternatively, girls may wear tights. (See appropriate section for details). • Uniform approved jackets and sweaters are permitted in the building and may not be worn around the waist. • Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth. • Clothing should be clean and well-maintained (properly hemmed, unstained, free from holes and fading, etc.). • Shirts must be tucked in at all times during school hours except during recess and when participating in outside athletic activities. <p>Special considerations will be determined, as needed, by the AHS Principals and the Uniform Committee members. Please submit your request via email.</p> <p>Kinder-5th grade to Charné Adams: cadams@ahsmail.com 6th-8th grade to Blaine Hunsaker: bhunsaker@ahsmail.com 9th-12th grade to Elizabeth Acuña: eacuna@ahsmail.com</p> <p>Primary uniform supplier for AHS: dennisuniform.com/schools/R00 Dennis Uniforms 3560 Main Street Salt Lake City, Utah 801-287-9200</p> <p>Additional uniform supplier for AHS: landsend.com</p> <p>Used uniform sales: american-heritage.org/parent-organization</p> |

AGREEMENT SIGNATURE

STUDENT SIGNATURE: _____ DATE: _____

STUDENTS WILL RECEIVE A SEPARATE PAPER COPY TO SIGN AND SUBMIT DURING THE FIRST WEEK OF SCHOOL



K-12 STUDENT UNIFORM POLICY ACCESSORIES & GROOMING

| Boys' Accessories | Girls' Accessories |
|--|--|
| <ul style="list-style-type: none"> Boys may wear a single watch Boys may wear one ring per hand No earrings, necklaces or bracelets Boys may wear a solid black, navy, gray (non-metallic) or brown belt Eyeglasses must have lenses and must be non-distracting. Sunglasses may not be worn in the building Blankets or shawls may not be worn in the building | <ul style="list-style-type: none"> Hair ornaments must be small, conservative, subtle and non-distracting. All colors are allowed EXCEPT the following colors: NO Pink, Purple, Orange, or Neon Girls jewelry must be conservative, subtle and non-distracting. Earrings must be limited to one pair Eyeglasses must have lenses and must be non-distracting. Sunglasses may not be worn in the building Blankets or shawls may not be worn in the building |
| Boys' Grooming | Girls' Grooming |
| <ul style="list-style-type: none"> Hairstyles should be neat and clean. Boys' hair should be relatively short and must be trimmed above the collar, leaving the ear uncovered. Avoid extreme and distracting hair colors and styles Sideburns must not extend below the earlobe or onto the cheek Young men should be clean-shaven Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker No body piercing is allowed No nail polish or makeup | <ul style="list-style-type: none"> Hairstyles should be neat and clean. Avoid extreme and distracting hair colors and styles Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker No body piercing, except for a single piercing in each earlobe K-12 girls will be permitted to wear nail polish and makeup. Makeup and nail polish should be subtle, conservative and non-distracting. |





K-12 STUDENT UNIFORM POLICY

IMPORTANT NOTES

Boys' Pants and Shorts (Footnote a)

Boys pants and shorts must be purchased from an approved supplier. They should be conservative in style, not tight or slim fitting, and should be properly hemmed without a cuff. They should be clean and well-maintained (free from holes and fading, etc.). Only boys, grades K-5, may wear shorts for their Mon-Thur uniform.

Approved Suppliers: Dennis Uniform and Land's End Uniforms

Oxford Dress Shirts (Footnote b)

Oxford dress shirts must be purchased from an approved supplier. They should be a heavier-weight, opaque, basket-weave fabric. Other requirements include: button down collar, not cream or off-white, no logos or embroidery, not tight or form-fitting. Please note: For 6th grade girls, the Peter Pan collar blouse will be temporarily accepted, in place of the oxford, due to the recent grade level re-classification from Elementary to Middle School. We urge you to adopt the new uniform as soon as possible.

Approved Suppliers: Dennis Uniform and Land's End Uniforms

Girls' Shifts, Skorts, Jumpers and Skirts (Footnote c)

Skirts, shifts, jumpers, and skorts must be purchased from an approved supplier. They should be modest in length and fit. The minimum length should allow for the skirt to naturally touch the kneecap. The skirt usually requires the "long" or "extra long" length to be purchased or the hem to be let down to meet this requirement. Skirts are only approved for grades 6-12. All girl's uniforms require tights, bike shorts, or leggings underneath. Please note: For 6th grade girls, the plaid skort will be temporarily accepted, in place of the navy skirt, due to the recent grade level re-classification from Elementary to Middle School. We urge you to adopt the new uniform as soon as possible.

Approved Suppliers: Dennis Uniform only for Elementary and Middle School. Dennis Uniform and Lands' End for High School.

Biker Shorts, Leggings and Tights (Footnote d)

Girls, grades K-12, MUST wear snug-fitting black or navy biker shorts daily (except when wearing opaque or cable knit tights). Biker shorts may not extend below the hemline of the uniform. Ankle-length leggings, with socks or footlets, may replace biker shorts on M-TH. They should be clean and well-maintained (free from holes and fading, etc.). The fabric should have a matte sheen, not shiny or metallic.

Approved Suppliers: May be purchased from any supplier.

Shoes (Footnote e)

Additional information for shoes, socks, and tights are on the following page.





K-12 STUDENT UNIFORM POLICY JACKETS AND COATS

New Requirement and Options for 2021-2022

Effective the 2021-22 school year, all students K-12 are required to have at least one of the following options below to wear indoors during school hours between 8:30-3:10 each day. Other warmer jackets/coats will be permitted during outdoor recess and outdoor lunch time.

YOU MUST HAVE ONE of the following options which can be purchased through Land's End, Dennis Uniform or the AHS Spirit Apparel store.



Lands' End School Uniforms
ThermoPlume Jacket
Classic Navy

Youth: #513202-5X5
Womens: #513200-5X6
Mens: #513199-5X7



Dennis Uniform
Microfleece Zip Front Jacket
Navy w/wo School logo

YXS - A3XL: #054000-R05-067



Lands' End School Uniforms
Sport Squall Jacket Classic
Navy

Womens: #457648-5XX



Dennis Uniform
V Neck Sweater
Navy w/wo School logo

Y2XS - AXL: #065000-976-067



Lands' End School Uniforms
Sport Squall Jacket Classic
Navy

Mens: #457641-5X8



Dennis Uniform
Girl's Cardigan Sweater
Navy w/wo School logo

Y2XS - A3XL: #063000-R05-067



Lands' End School Uniforms
Crew Sweatshirt
Navy w/ School Logo

Youth: #518109-BP2
Adult: #518216-BP5



Dennis Uniform
Quarter Zip Pullover Sweatshirt
Navy w/ School logo

Y2XS - A3XL: #093000-R05-067



AHS Spirit Store
Tricot Track Jacket
Navy / White with Logo

YXS - A4XL



Y2XS - A3XL: #Dennis Uniform
Gusset Front Sweatshirt
Navy with School logo

YXS - A3XL: #090000-R04-067



K-12 STUDENT UNIFORM POLICY

SHOES, SOCKS, TIGHTS, AND LEGGINGS

Shoes (Footnote e)

All shoes must be secure fitting, closed toe, closed heel, flat or low-heeled (less than one inch), and conservative in style and appearance. NO rollers, heelies (with or without rollers), lights, characters, slippers, or moccasin styles. Bold or distracting designs (including plaid, checkered, polka-dot, floral, heavily striped), etc are not permitted. Laces must be worn in shoes intended to have laces. On Mon-Thur, girls in grades 6-12, may wear a solid black or brown dress boot below the knee. Dress boots should be conservative in style and appearance and be flat or low-heeled (less than one inch). Snow Boots or athletic cleats should not be worn in the building, but are acceptable outside.

P.E. Shoes: Uniform approved, M-Th conservative athletic shoes (detailed below) may be worn for P.E. class as long as they have non-marking soles. Other athletic shoes, of all styles and colors, are permitted for P.E. class as long meet the following guidelines: They should be brought to and from school and worn only during P.E. class. They should also be suitable for indoor and outdoor use and have non-marking soles.

| | Event Dress Shoes | Friday Dress Shoes | Mon-Thur Casual and Conservative Athletic |
|-----------|--|--|--|
| Upper | Dark, solid black, brown, or navy | Solid black, brown, or navy | Solid, black, navy, brown, gray, or white |
| Sole | Dark, solid black or brown | Dark, solid black or brown | Conservative solid colors |
| Laces | Matching laces (black shoe w/ black laces) | Matching laces (black shoe w/ black laces) | Solid, black, navy, brown, gray, or white |
| Accents | No accents or additional colors | No accents or additional colors | Conservative accents of any color permitted |
| Stitching | No contrast stitching | Conservative contrast stitching | Conservative contrast stitching |
| Styles | Formal dress (no athletic styles) | Casual dress | Casual and conservative athletic |
| Boots | No boots permitted | Girls may wear dress ankle boots Girls' black or brown dress boots (may only be worn during winter weather) | Ankle boots permitted Girls' black or brown dress boots |
| | | | |

Socks, Tights, Leggings and Nylons

Socks must be worn at all times. Girls, grades K-12, may wear tights (or nylons for grades 9-12) in place of socks. Socks or footlets must be worn when wearing ankle-length leggings or footless tights. All items must be solid in color with NO stripes or patterns of any kind. They should be clean, well maintained, and free from holes. Colors allowed are determined by grade level, gender and day.

| | Event Dress | Friday Dress | Mon-Thur Casual |
|------------|---------------------------------------|--|---|
| Boys K-5 | Black or navy dress socks | Black or navy dress socks | Black, navy, gray, or white socks |
| Boys 6-8 | Black or navy dress socks | Black or navy dress socks | Black, navy, gray, or white socks |
| Boys 9-12 | Black, navy, or brown dress socks | Black, navy, or brown dress socks | Black, navy, brown, gray, or white socks |
| Girls K-5 | Black or navy, cable or opaque tights | Black or navy, cable or opaque tights Black or navy knee-high socks | Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks (knee-high allowed) Black, navy, gray, or white leggings |
| Girls 6-8 | Black or navy opaque tights | Black or navy, cable or opaque tights | Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks (knee-high allowed) Black or navy leggings |
| Girls 9-12 | Black or navy opaque tights | Black or navy, cable or opaque tights | Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks (knee-high allowed) Black or navy leggings |



K-5 UNIFORMS

K-5 BOYS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required for **K-5**:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End white oxford shirt^b (LONG SLEEVE ONLY)
- Dennis solid navy tie
- Solid black or navy dress socks
- Event dress shoes^e

FRIDAY DRESS

Required for **K-5**:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis solid navy tie
- Solid black or navy dress socks
- Event or Friday dress shoes^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End navy knee-length shorts
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis white or red polo (long or short sleeve)
- Solid black, navy, gray, or white socks
- Dress, casual, or conservative athletic shoes^e

K-5 GIRLS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required for **K-3**:

- Dennis Macbeth Plaid Box Pleated Shift^c
- Dennis white Peter Pan collar blouse (LONG SLEEVE ONLY)
- Black or navy, opaque or cable tights
- Event dress shoes^e

Required for **4-5**:

- Dennis Macbeth Plaid Longer Length Skort^c
- Dennis white Peter Pan collar blouse (LONG SLEEVE ONLY)
- Dennis navy sweater vest
- Black or navy, opaque or cable, tights
- Event dress shoes^e

FRIDAY DRESS

Required for **K-3**:

- Dennis Macbeth Plaid Box Pleated Shift^c
- Dennis white Peter Pan collar blouse (long or short sleeve)
- Black or navy, opaque or cable tights or Black or navy knee-high socks with black or navy biker shorts^d
- Event or Friday dress shoes^e

Required for **4-5**:

- Dennis Macbeth Plaid Longer Length Skort^c
- Dennis white Peter Pan collar blouse (long or short sleeve)
- Dennis navy sweater vest
- Black or navy, opaque or cable, tights or Black or navy knee-high socks with black or navy biker shorts^d
- Event or Friday dress shoes^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis Macbeth Plaid Longer Length Skort^c
- Dennis Macbeth Plaid Knife Pleated Jumper^c
- Dennis Macbeth Plaid Box Pleated Shift^c
- Dennis white Peter Pan collar blouse (long or short sleeve)
- Dennis white or red polo (long or short sleeve)
- Black or navy biker shorts^d or leggings^d
- Solid black, navy, gray, or white tights or socks
- Dress, casual, or conservative athletic shoes^e

CONTINUED ON NEXT PAGE



K-5 BOYS & GIRLS

REQUIRED JACKET OR SWEATER (for additional in-class warmth)

Required (one of the following):

- Dennis navy sweater vest, cardigan, or pullover
- Dennis navy micro-fleece vest or jacket
- Dennis navy quarter zip sweatshirt w/ logo
- Dennis or Lands' End navy crew neck sweatshirt (sweatshirts must have school logo or mascot)
- Land's End Uniform navy ThermoPlume Jacket
- Land's End Uniform navy Sports Squall Jacket
- Spirit wear jacket – sold only by AHS

P.E. UNIFORMS / SHOES

Required

- P.E. Uniforms are not required for grades K-5. However, conservative athletic shoes^e with non-marking soles or P.E. shoes^e are required for all P.E. classes. Depending on class schedule, shoes may need to be brought to school and changed into during P.E. class.

Required (one of the following):

- Dennis navy sweater vest, cardigan, or pullover
- Dennis navy micro-fleece vest or jacket
- Dennis or Lands' End navy crew neck sweatshirt (must have school logo or mascot)
- Land's End Uniform navy ThermoPlume Jacket
- Land's End Uniform navy Sports Squall Jacket
- Spirit wear jacket – sold only by AHS

IMPORTANT UNIFORM FOOTNOTES

Uniform Footnotes:

- a. Dennis or Lands End approved navy pants do not have cuffs
- b. Oxford shirts must have button down collars.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap. Skirts are not approved for grades K-5
- d. Girls, grades K-12, MUST wear snug-fitting black or navy biker shorts daily (except when wearing tights). Biker shorts may not extend below the hemline of the uniform. Ankle-length leggings, with socks or footlets, may replace biker shorts on M-TH.
- e. See additional sections for more details

SPIRIT APPAREL DAYS

Any variation of the following may be worn:

- Regular AHS Mon-Thur uniform tops and bottoms.
- Spirit Apparel or AHS program top.
- Conservative, solid color, blue/black/brown jeans or slacks. Pants should not be distressed, broken-twill, blasted, dirty washed, double-dyed, frayed, or faded. No distracting features permitted.

Required Uniform Notes :

- a. Dennis or Lands End approved navy pants do not have cuffs
- b. Oxford shirts must have button down collars.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap. Skirts are not approved for grades K-5
- d. Girls, grades K-12, must wear snug-fitting black or navy biker style shorts daily under skirts, shifts, jumpers, and skorts (except when wearing opaque tights). Biker shorts may not extend below the hemline of the uniform. Leggings, on approved days, may replace biker shorts. Leggings must reach the ankle. Socks or footlets are required with leggings.

ELEMENTARY UNIFORM PICTURE GUIDE

Boys Event and Friday Dress

Event Long Sleeve Oxford   

Navy Tie  

Friday Short Sleeve Oxford   

Navy Pants   

Dress Socks 

Dark Belt 

Event Dress Shoe  

Friday Dress Shoe 

Monday - Thursday Options

Boys Only Long or Short Sleeve Oxford    

Boys Only Pants   

Boys and Girls Long or Short Sleeve Polo    

Boys Only Shorts   

Girls Event and Friday Dress

K-3 Macbeth Plaid Shift   

K-5 Event Long Sleeve Peter Pan   

4-5 Navy Sweater Vest   

K-5 Friday Short Sleeve Peter Pan   

4-5 Macbeth Plaid Skort   

Event Tights  

Friday Knee Socks  

Event Dress Shoe  

Friday Dress Boot 

Friday Biker Shorts 

Girls Only Long or Short Sleeve Peter Pan    

Jumper or Shift   

Girls Cardigan Sweater   

Daily Biker Shorts    



6-8 UNIFORMS

6-8 BOYS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End white oxford shirt^b (LONG SLEEVE ONLY)
- Dennis solid red tie
- Solid black or navy dress socks
- Event dress shoes^e

FRIDAY DRESS

Required:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis solid red tie
- Solid black or navy dress socks
- Event or Friday dress shoes^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis or Lands' End navy pant^a
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis white or red polo (long or short sleeve)
- Solid black, navy, gray, or white socks
- Dress, casual, or conservative athletic shoes^e

6-8 GIRLS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required:

- Dennis navy Box or Kick Pleated Skirt^c
- Dennis or Lands' End white oxford shirt^b (LONG SLEEVE ONLY)
- Dennis navy sweater vest
- Dennis red crossover tie
- Black or navy tights (opaque only)
- Event dress shoes^e

FRIDAY DRESS

Required:

- Dennis navy Box or Kick Pleated Skirt^c
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis navy sweater vest
- Dennis red crossover tie
- Black or navy tights (opaque only)
- Event or Friday dress shoes^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis navy Box or Kick Pleated Skirt^c
- Dennis Macbeth Plaid Box or Kick Pleated Skirt^c
- Dennis Macbeth Plaid Longer Length Skort^c
- Dennis or Lands' End white oxford shirt^b (long or short sleeve)
- Dennis white or red polo (long or short sleeve).
- Black or navy biker shorts^d or leggings^d
- Solid black, navy, gray, or white, opaque or cable, tights or socks
- Dress, casual, or conservative athletic shoes^e

6-8 BOYS & GIRLS

REQUIRED JACKET OR SWEATER

(for additional in-class warmth)

Required (one of the following):

- Dennis navy sweater vest, cardigan, or pullover
- Dennis navy micro-fleece vest or jacket
- Dennis navy quarter zip sweatshirt w/ logo
- Dennis or Lands' End navy crew neck sweatshirt (sweatshirts must have school logo or mascot)
- Land's End Uniform navy ThermoPlume Jacket
- Land's End Uniform navy Sports Squall Jacket
- Spirit wear jacket – sold only by AHS

IMPORTANT UNIFORM FOOTNOTES

Uniform Footnotes:

- Dennis or Lands' End approved navy pants do not have cuffs
- Oxford shirts must have button down collars.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- Girls, grades K-12, MUST wear snug-fitting black or navy biker shorts daily (except when wearing tights). Biker shorts may not extend below the hemline of the uniform. Ankle-length leggings, with socks or footlets, may replace biker shorts on M-TH.
- See additional sections for more details

P.E. UNIFORMS / SHOES

Required:

- Any Spirit Apparel or AHS program t-shirt.
- Solid navy, gray, red or black athletic shorts or sweatpants. Shorts MUST be knee-length and black or navy biker shorts must be worn underneath. Small logos are permitted
- Ankle or athletic socks (logos are permitted)
- Conservative athletic shoes^e with non-marking soles or P.E. shoes^e

Note about after-school athletics: Loose fitting athletic pants, warm-ups or sweatpants must be worn prior to and after practices and games when remaining on campus.

SPIRIT APPAREL DAYS

Any variation of the following may be worn:

- Regular AHS Mon-Thur Uniform tops and bottoms.
- Spirit Apparel or AHS program top.
- Conservative, solid color, blue/black/brown jeans or slacks. Jeans and slacks should not be torn, distressed, broken-twill, blasted, dirty washed, double-dyed, frayed, or faded. No holes or distracting features are permitted.

MIDDLE SCHOOL UNIFORM PICTURE GUIDE

Boys Event and Friday Dress



Monday - Thursday Options



Girls Event and Friday Dress



Approved Supplier: Dennis Uniform Lands' End



9-12 UNIFORMS

9-12 BOYS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required:

- Dennis or Lands' End khaki pant ^a
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis navy gabardine blazer
- Dennis Albury tie
- Solid black, navy, or brown dress socks
- Event dress shoes ^e

FRIDAY DRESS

Required:

- Dennis or Lands' End khaki pant ^a
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis navy gabardine blazer
- Dennis Albury tie
- Solid black, navy, or brown dress socks
- Event or Friday dress shoes ^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis or Lands' End khaki pant ^a
- Dennis or Lands' End navy pant ^a
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis blue oxford shirt ^b (long or short sleeve)
- Dennis white, red, green, or navy polo (long or short sleeve)
- Solid black, navy, brown, gray or white socks

9-12 GIRLS

SPECIAL EVENTS

(Picture Day, ALL concerts, and devotionals)

Required:

- Dennis or Lands' End khaki Box or Kick Pleated Skirt ^c
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis navy gabardine blazer
- Dennis Albury crossover tie
- Black or navy tights (opaque only)
- Event dress shoes ^e

FRIDAY DRESS

Required:

- Dennis or Lands' End khaki Box or Kick Pleated Skirt ^c
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis navy gabardine blazer
- Dennis Albury crossover tie
- Black or navy tights (opaque only)
- Event or Friday dress shoes ^e

MON-THUR DRESS

Any variation of the following may be worn:

- Dennis or Lands' End khaki Box or Kick Pleated Skirt ^c
- Lands' End khaki A-Line Below the Knee Skirt ^c
- Dennis navy or Macbeth Plaid Box or Kick Pleated Skirt ^c
- Dennis Macbeth Plaid Longer Length Skort ^c
- Dennis or Lands' End white oxford shirt ^b (long or short sleeve)
- Dennis blue oxford shirt ^b (long or short sleeve)
- Dennis white, red, green, or navy polo (long or short sleeve)
- Black or navy biker shorts ^d or leggings ^d
- Solid black, navy, gray, or white, opaque or cable, tights or socks
- Dress, casual, or conservative athletic shoes ^e

9-12 BOYS & GIRLS

REQUIRED JACKET OR SWEATER (for additional in-class warmth)

Required (one of the following):

- Dennis navy sweater vest, cardigan, or pullover
- Dennis navy micro-fleece vest or jacket
- Dennis navy quarter zip sweatshirt w/ logo
- Dennis or Lands' End navy crew neck sweatshirt (sweatshirts must have school logo or mascot)
- Land's End Uniform navy ThermoPlume Jacket
- Land's End Uniform navy Sports Squall Jacket
- Spirit wear jacket – sold only by AHS

P.E. UNIFORMS / SHOES

Required:

- Any Spirit Apparel or AHS program t-shirt.
- Solid navy, gray, red or black athletic shorts or sweatpants. Shorts MUST be knee-length and black or navy biker shorts must be worn underneath. Small logos are permitted
- Ankle or athletic socks (logos are permitted)
- Conservative athletic shoes ^e with non-marking soles or P.E. shoes ^e

IMPORTANT UNIFORM FOOTNOTES

Uniform Footnotes:

- Dennis or Lands End approved pants do not have cuffs
- Oxford shirts must have button down collars.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- Girls, grades K-12, must wear snug-fitting black or navy biker shorts daily (except when wearing tights). Biker shorts may not extend below the hemline of the uniform. Ankle-length leggings, with socks or footlets, may replace biker shorts on M-TH.
- See additional sections for more details

SPIRIT APPAREL DAYS

Any variation of the following may be worn:

- Regular AHS Mon-Thur Uniform tops and bottoms.
- Spirit Apparel or AHS program top.
- Conservative, solid color, blue/black/brown jeans or slacks. Jeans and slacks should not be torn, distressed, broken-twill, blasted, dirty washed, double-dyed, frayed, or faded. No holes or distracting features are permitted.

HIGH SCHOOL UNIFORM PICTURE GUIDE

Boys Event and Friday Dress

Navy Gabardine Blazer  

Long or Short Sleeve Oxford  

Albury Tie  

Dark Belt 

Khaki Pants  

Dress Socks 

Event Dress Shoe  

Friday Dress Shoe 

Monday - Thursday Options

Boys Pants   

Boys and Girls Long or Short Sleeve Polo   

Boys and Girls Long or Short Sleeve Oxford   

Pull-Over Sweater  

Girls Event and Friday Dress

Navy Gabardine Blazer  

Long or Short Sleeve Oxford  

Cross Over Albury Tie  

Khaki Box Pleated Skirt  

Event or Friday Tights  

Event Dress Shoe  

Friday Dress Boot 

Plaid Skort  

Girls Cardigan Sweater  

Daily Biker Shorts  

Box Pleated Skirt   

A-Line or Box Pleat Skirt   

K-5, UNIFORM SHOPPING LIST

K-5 GIRLS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white Peter Pan collar blouse
 - long sleeve required for events
 - short sleeve may be worn on Fri
- Optional for Mon-Thur
 - _____ Dennis white polo - long or short sleeve
 - _____ Dennis red polo - long or short sleeve
 - _____ Dennis white Peter Pan collar blouse
 - long or short sleeve

PLAIDS

- Required for events and Fridays
 - _____ K-3rd: Dennis Macbeth Plaid Shift ^C
 - _____ 4th-6th: Dennis Macbeth Plaid Skort ^C
- Optional for Mon-Thur
 - _____ Dennis Macbeth Plaid Skort ^C
 - _____ Dennis Macbeth Plaid Shift ^C
 - _____ Dennis Macbeth Plaid Jumper ^C

SWEATER

- Required for events and Fridays
 - _____ 4th-6th: Dennis navy sweater vest

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for events and Fridays
 - _____ Black or navy tights ^e Cable or opaque
 - tights required for events; black or navy knee-high socks may be worn on Fri
- Required daily
 - _____ Black or navy bike shorts ^d -must be worn daily, except when wearing tights
- Optional for Mon-Thur
 - _____ Black, navy, gray, or white leggings ^d
 - _____ Black, navy, gray, or white tights ^e
 - _____ Black, navy, gray, or white socks ^e

SHOES

- Required for events
 - _____ Event dress shoes ^e
- Required for Fridays
 - _____ Event dress shoes ^e - or -
 - _____ Friday dress shoes or ankle boots ^e
- Optional for Mon-Thur
 - _____ Event or Friday dress shoes ^e
 - _____ Casual shoes ^e
 - _____ Conservative athletic shoes ^e
 - _____ Please see next column for P.E. shoes ^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
- (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ Athletic P.E. shoes ^e -or- conservative athletic shoes ^e with non-marking soles
- Note: P.E. Uniforms are not required for K-5
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top

K-5 BOYS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white oxford ^b dress shirt -or-
 - _____ Lands' End white oxford ^b dress shirt
 - long sleeve required for events
 - short sleeve may be worn on Fri
- Optional for Mon-Thur
 - _____ Dennis white polo - short or long sleeve
 - _____ Dennis red polo - short or long sleeve
 - _____ Dennis white oxford ^b dress shirt
 - _____ Lands' End white oxford ^b dress shirt
 - long or short sleeve

PANTS / SHORTS

- Required for events and Fridays
 - _____ Dennis navy pant ^a -or-
 - _____ Lands' End navy pant ^a
- Optional for Mon-Thur
 - _____ Dennis navy knee-length short
 - _____ Lands' End navy knee-length short

TIE

- Required for events and Fridays
 - _____ Dennis solid navy tie

SOCKS

- Required for events and Fridays
 - _____ Black or navy dress socks ^e
- Optional for Mon-Thur
 - _____ Black, navy, gray, or white socks ^e

SHOES

- Required for events
 - _____ Event dress shoes ^e
- Required for Fridays
 - _____ Event dress shoes ^e - or -
 - _____ Friday dress shoes ^e
- Optional for Mon-Thur
 - _____ Event or Friday dress shoes ^e
 - _____ Casual shoes ^e
 - _____ Conservative athletic shoes ^e
 - _____ Please see next column for P.E. shoes ^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
- (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ Athletic P.E. shoes ^e -or- conservative athletic shoes ^e with non-marking soles
- Note: P.E. Uniforms are not required for K-5
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top

6-8, UNIFORM SHOPPING LIST

6-8 GIRLS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white oxford^b dress shirt -or-
 - _____ Lands' End white oxford^b dress shirt
 - long sleeve required for events
 - short sleeve may be worn on Fri
- Optional for Mon-Thur
 - _____ Dennis white polo - long or short sleeve
 - _____ Dennis red polo - long or short sleeve
 - _____ Dennis white oxford^b dress shirt
 - _____ Lands' End white oxford^b dress shirt
 - long or short sleeve

SKIRTS / SKORTS

- Required for events and Fridays
 - _____ Dennis navy Skirt^c
- Optional for Mon-Thur
 - _____ Dennis Macbeth Plaid Skirt^c
 - _____ Dennis Macbeth Plaid Skort^c

SWEATER

- Required for events and Fridays
 - _____ Dennis navy sweater vest

TIE

- Required for events and Fridays
 - _____ Dennis red crossover tie

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for events and Fridays
 - _____ Black or navy tights^e opaque only
- Required daily
 - _____ Black or navy bike shorts^d
 - worn daily, except when wearing tights
- Optional for Mon-Thur
 - _____ Black or navy leggings^d
 - _____ Black, navy, gray, or white tights^e
 - _____ Black, navy, gray, or white socks^e

SHOES

- Required for events
 - _____ Event dress shoes^e
- Required for Fridays
 - _____ Event dress shoes^e - or -
 - _____ Friday dress shoes or ankle boots^e
- Optional for Mon-Thur
 - _____ Dress shoes or boots^e
 - _____ Casual shoes^e
 - _____ Conservative athletic shoes^e
 - _____ Please see next column for P.E. shoes^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
 - (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ AHS Spirit Store or program T-Shirt
 - _____ Knee-length athletic shorts or sweat-pants
 - in solid navy, gray, red or black
 - _____ Black or navy bike shorts^d
 - _____ Athletic P.E. shoes^e -or- conservative athletic shoes^e with non-marking soles
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top

6-8 BOYS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white oxford^b dress shirt -or-
 - _____ Lands' End white oxford^b dress shirt
 - long sleeve required for events
 - short sleeve may be worn on Fri
- Optional for Mon-Thur
 - _____ Dennis white polo - short or long sleeve
 - _____ Dennis red polo - short or long sleeve
 - _____ Dennis white oxford^b dress shirt
 - _____ Lands' End white oxford^b dress shirt
 - long or short sleeve

PANTS

- Required for events and Fridays
 - _____ Dennis navy pant^a -or-
 - _____ Lands' End navy pant^a
- Optional for Mon-Thur
 - _____ No other options available

TIE

- Required for events and Fridays
 - _____ Dennis solid red tie

SOCKS

- Required for events and Fridays
 - _____ Black or navy dress socks^e
- Optional for Mon-Thur
 - _____ Black, navy, gray, or white socks^e

SHOES

- Required for events
 - _____ Event dress shoes^e
- Required for Fridays
 - _____ Event dress shoes^e - or -
 - _____ Friday dress shoes^e
- Optional for Mon-Thur
 - _____ Event or Friday dress shoes^e
 - _____ Casual shoes^e
 - _____ Conservative athletic shoes^e
 - _____ Please see next column for P.E. shoes^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
 - (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ AHS Spirit Store or program T-Shirt
 - _____ Knee-length athletic shorts or sweat-pants
 - in solid navy, gray, red or black
 - _____ Black or navy bike shorts^d
 - _____ Athletic P.E. shoes^e -or- conservative athletic shoes^e with non-marking soles
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top

9-12, UNIFORM SHOPPING LIST

9-12 GIRLS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white oxford^b dress shirt -or-
 - _____ Lands' End white oxford^b dress shirt
 - long or short sleeve may be worn for events and Fridays
- Optional for Mon-Thur
 - _____ Dennis white polo - long or short sleeve
 - _____ Dennis red polo - long or short sleeve
 - _____ Dennis navy polo - long or short sleeve
 - _____ Dennis green polo - long or short sleeve
 - _____ Dennis white oxford^b dress shirt
 - _____ Lands' End white oxford^b dress shirt
 - _____ Dennis blue oxford^b dress shirt
 - _____ Lands' End blue oxford^b dress shirt
 - oxfords may have long or short sleeves

SKIRTS / SKORTS

- Required for events and Fridays
 - _____ Dennis khaki pleated Skirt^c -or-
 - _____ Lands' End khaki pleated Skirt^c
- Optional for Mon-Thur
 - _____ Dennis navy Skirt^c
 - _____ Dennis Macbeth Plaid Skirt^c
 - _____ Dennis Macbeth Plaid Skort^c
 - _____ Lands' End khaki A-Line Skirt^c

BLAZER

- Required for events and Fridays
 - _____ Dennis navy gabardine blazer

TIE

- Required for events and Fridays
 - _____ Dennis Albury crossover tie

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for events and Fridays
 - _____ Black or navy tights^e opaque only
- Required daily
 - _____ Black or navy bike shorts^d
 - must be worn daily, except when wearing tights
- Optional for Mon-Thur
 - _____ Black or navy leggings^d
 - _____ Black, navy, gray, or white tights^e
 - _____ Black, navy, gray, or white socks^e

SHOES

- Required for events
 - _____ Event dress shoes^e
- Required for Fridays
 - _____ Event dress shoes^e - or -
 - _____ Friday dress shoes or ankle boots^e
- Optional for Mon-Thur
 - _____ Dress shoes or boots^e
 - _____ Casual shoes^e
 - _____ Conservative athletic shoes^e
 - _____ Please see next column for P.E. shoes^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
 - (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ AHS Spirit Store or program T-Shirt
 - _____ Knee-length athletic shorts or sweat-pants
 - in solid navy, gray, red or black
 - _____ Black or navy bike shorts^d
 - _____ Athletic P.E. shoes^e -or- conservative athletic shoes^e with non-marking soles
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top

9-12 BOYS

SHIRTS

- Required for events and Fridays
 - _____ Dennis white oxford^b dress shirt -or-
 - _____ Lands' End white oxford^b dress shirt
 - long or short sleeve may be worn for events and Fridays
- Optional for Mon-Thur
 - _____ Dennis white polo - long or short sleeve
 - _____ Dennis red polo - long or short sleeve
 - _____ Dennis navy polo - long or short sleeve
 - _____ Dennis green polo - long or short sleeve
 - _____ Dennis white oxford^b dress shirt
 - _____ Lands' End white oxford^b dress shirt
 - _____ Dennis blue oxford^b dress shirt
 - _____ Lands' End blue oxford^b dress shirt
 - oxfords may have long or short sleeves

PANTS

- Required for events and Fridays
 - _____ Dennis khaki pant^a -or-
 - _____ Lands' End khaki pant^a
- Optional for Mon-Thur
 - _____ Dennis navy pant^a
 - _____ Lands' End navy pant^a

BLAZER

- Required for events and Fridays
 - _____ Dennis navy gabardine blazer

TIE

- Required for events and Fridays
 - _____ Dennis Albury tie

SOCKS

- Required for events and Fridays
 - _____ Black, navy or brown dress socks^e
- Optional for Mon-Thur
 - _____ Black, navy, brown, gray, or white socks

SHOES

- Required for events
 - _____ Event dress shoes^e
- Required for Fridays
 - _____ Event dress shoes^e - or -
 - _____ Friday dress shoes^e
- Optional for Mon-Thur
 - _____ Event or Friday dress shoes^e
 - _____ Casual shoes^e
 - _____ Conservative athletic shoes^e
 - _____ Please see next column for P.E. shoes^e

SWEATERS / JACKETS

- Required for warmth (select one)
 - _____ Dennis navy sweater vest
 - _____ Dennis navy cardigan sweater
 - _____ Dennis navy pullover sweater
 - _____ Dennis navy micro-fleece vest
 - _____ Dennis navy micro-fleece jacket
 - _____ Land's End navy ThermoPlume jacket
 - _____ Land's End navy Sports Squall jacket
 - _____ AHS Spirit Store Track Jacket
 - _____ Dennis navy quarter zip sweatshirt*
 - _____ Dennis navy crew neck sweatshirt*
 - _____ Lands' End navy crew sweatshirt*
 - (*All in-class sweatshirts must have school logo or mascot)

P.E. / SPIRIT APPAREL DAYS

- Required for P.E.
 - _____ AHS Spirit Store or program T-Shirt
 - _____ Knee-length athletic shorts or sweat-pants
 - in solid navy, gray, red or black
 - _____ Black or navy bike shorts^d
 - _____ Athletic P.E. shoes^e -or- conservative athletic shoes^e with non-marking soles
- Optional for Spirit Apparel Days
 - _____ AHS Spirit Store or program top