



HEART & MIND

PARENTING A LECTURE SERIES FOR AHS FAMILIES



EMOTIONAL RESILIENCE AND SELF RELIANCE:

Teaching Children to Face Their Lives with
Confidence and Grit

Dr. A. Lynn Scoresby

Psychologist, former BYU Professor, Leadership Consultant, Author

FRI | Jan. 7

7 p.m. American Heritage School Legacy Building Auditorium

In-person & online

Live Stream 

<https://youtu.be/HpwInedDFnI>

**Open to AHS families
and the public, invite friends
and family!**

*Hosted by AHS Worldwide
and AHS (AF) Parent Service
Organization*

Learn how to help children and parents become emotionally self-reliant to prevent suicide and debilitating anxiety and depression, reduce anger, and develop more love, confidence, positive emotions, moral behavior, and grit.

A. Lynn Scoresby received his Ph.D. in counseling psychology from the University of Minnesota. He is an organizational consultant to businesses where he provides management and leadership development focusing on innovation and high performance team development. His work has been associated with improving performance both in education and in business.

He has more than 35 years experience in family counseling, education, professional speaking, training, facilitating, and organizational consulting. He has consulted and trained the executive leaders and managers for several businesses and has written books on personal leadership, team leadership, and executive leadership. Dr. Scoresby has also authored training programs for managers designed to improve creativity and problem solving, developing accountability, organizing high performance work environments.



Character > Scholarship > Liberty