



# HEART & MIND

PARENTING A LECTURE SERIES FOR AHS FAMILIES



## Understanding and Teaching our Children about the Divine Role of Healthy Sexuality

**Dr. Jenet Erickson**

Family Social Science, Associate Professor in Religious Education BYU  
Columnist, *Deseret News*

**FRI | Feb. 4**

**7 p.m.** American Heritage School Main Building Auditorium

**In-person & online**

**Live Stream** 

<https://youtu.be/9BZ4BEA1r2M>

**Open to AHS families and the public, invite friends and family!**

*Hosted by American Heritage School and AHS (AF) Parent Service Organization*

*Living in a sexually explicit culture has made it essential to understand and teach healthy sexuality. By bringing sexuality out of the darkness and into the light, we can strengthen awareness, understanding and integrity in the use of this divine gift—not compliance, not defiance, not compulsivity and not repression. The discussion will address gendered differences in our approach to sexuality, responding in healthy ways to pornography, and teaching modesty.*

Jenet Erickson is an associate professor in Religious Education at Brigham Young University, where she teaches the Eternal Family course as well as the Introduction to Family Process course. She received a PhD in Family Social Science from the University of Minnesota and bachelor's and master's degrees from Brigham Young University. She is a research fellow of both the Wheatley Institution and the Institute for Family Studies and has been a columnist on family issues for the *Deseret News* since 2013. She and her husband, Michael, have been blessed with two children, LaDawn (age 11) and Peter (age 8), who both attend American Heritage School. Jenet is an alumna of American Heritage School and serves on the Board of Trustees.