



ALL STUDENTS

REQUIRED SWEATER, SWEATSHIRT, OR JACKET

All students are required to have one of the following options to wear indoors for additional warmth. Personal jackets and hoodies, of other brands or styles, are not allowed during the school hours of 8:30-3:10 each day. Approved options must be purchased through Land's End, Dennis Uniform or our AHS spirit apparel stores. Please note, AHS Spirit Wear hoodies are only approved for AHS Spirit Apparel Days and can not be worn on regular school days. Winter coats and other personal jackets are permitted outdoors during recess and lunch time.

The list of approved options are:

- Dennis navy v-neck pullover sweater
- Dennis girls' navy sweater vest
- Dennis girls' navy button-up cardigan
- Dennis navy quarter-zip sweatshirt w/logo (forest green is no longer approved)
- Dennis navy crewneck sweatshirt w/logo
- Lands' End Uniform navy crewneck sweatshirt w/logo
- Dennis navy micro-fleece vest
- Dennis navy micro-fleece jacket
- Land's End Uniform navy ThermoPlume jacket
- Land's End Uniform navy Sports Squall jacket
- AHS Spirit wear track jacket

SPIRIT APPAREL DAYS

The Spirit Apparel Day Uniform gives students and faculty an occasional casual dress opportunity to promote school spirit and provide appropriate attire for service projects, field trips, and other on-campus activities and celebrations. Students are required to follow ALL regular AHS Mon-Thur uniform standards, except that shirts may be worn untucked. Students may choose to wear the spirit apparel uniform or the regular Mon-Thur uniform. All spirit wear uniform apparel must adhere to the following guidelines:

- AHS Spirit Wear t-shirts and sweatshirts may be worn so long as they are:
 - Purchased through the approved spirit wear store -or-
 - Produced by the school for an AHS program, production, class, or activity
 - AHS school hoodies may be worn as long as the hood remains down
 - No team jerseys or other items which belong to the school may be worn
 - Tops must have sleeves and must be free from holes or excessive wear
- Conservative jeans may be worn so long as they are:
 - Must be solid, medium to dark colors of blue jeans (no other colors)
 - No acid wash, dirty washed, double-dyed or faded fabrics
 - No holes, distressing, frayed, or destructed styles
 - No athletic or exercise styles or fabrics
 - No low-riding, revealing, overly baggy, tight-fitting, or immodest styles
 - No sequins, lettering, heavy stitching, distracting patterns or other decorations
- Mon-Thur sock and shoe uniform guidelines apply for all spirit apparel days

P.E. UNIFORMS / SHOES

For Grades K-5

- P.E. Uniforms are not required for grades K-5. However, conservative athletic shoes^e with non-marking soles or P.E. shoes^e are required for all P.E. classes. Depending on class schedule, shoes may need to be brought to school and changed into during P.E. class.

For Grades 6-12

- P.E. Uniforms are required for grades 6-12.
 - Any Spirit Apparel or AHS program t-shirt
 - Athletic shorts or sweatpants in solid colors of navy, gray, red or black. Shorts MUST be knee-length and black or navy biker shorts must be worn underneath. Small logos are permitted
 - Ankle or athletic socks (logos are permitted)
 - Conservative athletic shoes^e with non-marking soles or P.E. shoes^e

Note about after-school athletics: Loose fitting athletic pants, warm-ups or sweatpants must be worn prior to and after practices and games when remaining on campus.



K-12 STUDENT UNIFORM POLICY

SWEATERS, SWEATSHIRTS, JACKETS & SPIRIT WEAR

SHOPPING LIST

IN-CLASS WARMTH

- Required, one of the following:
 - _____ Pullover Sweater
 - _____ Girls Sweater Vest
 - _____ Girls Cardigan
 - _____ Crewneck sweatshirt
 - _____ Quarter-zip sweatshirt
 - _____ Micro-fleece jacket
 - _____ Micro-fleece vest
 - _____ Thermoplume jacket
 - _____ Sport Squall jacket
 - _____ AHS Track jacket

PICTURE GUIDE & DETAILS



SPIRIT APPAREL DAY UNIFORM

SPIRIT APPAREL DAY

- Optional for spirit days
 - _____ Spirit Wear t-shirt -or-
 - _____ Spirit Wear sweatshirt
 - _____ Appropriate blue jeans
 - _____ Mon-Thur Socks
 - _____ Mon-Thur Shoes

(see previous page for more details)



P.E. CLASSES & ATHLETICS

- Required for P.E. for Grades K-5
 - _____ Athletic shoes with non-marking soles^e
- Required for P.E. for Grades 6-12
 - _____ Spirit Wear t-shirt
 - _____ Appropriate shorts w/bikers -or-
 - _____ Appropriate sweatpants
 - _____ Socks
 - _____ Athletic shoes with non-marking soles^e

(see previous page for more details)

SPIRIT APPAREL DAY JEANS

- Must be solid, medium to dark colors of blue jeans (no other colors of jeans allowed)
- No acid wash, dirty washed, double-dyed or faded fabrics
- No holes, distressing, frayed, or destructed styles
- No athletic or exercise styles or fabrics
- No low-riding, revealing, overly baggy, overly tight, or immodest styles
- No sequins, lettering, heavy stitching, distracting patterns or other decorations

SPIRIT APPAREL DAY SOCKS and SHOES

- Mon-Thur sock and shoe uniform guidelines apply for all spirit apparel days