



K-12 STUDENTS

# DRESS AND GROOMING

## ***Why Care about Dress and Grooming?***

- “Your dress and grooming send messages about you to others and influences the way you and others act.”
- “When you are well groomed and modestly dressed, you invite the companionship of the Spirit and can exercise a good influence on those around you.”
- “Avoid extremes in clothing, appearance, and hairstyle.”
- “Always be neat and clean and avoid being sloppy or inappropriately casual in dress, grooming, and manners.”

—*For the Strength of Youth*, “Dress and Grooming”

## ***Why Adopt a Uniform?***

The school believes that properly wearing the uniform

- Displays unity, modesty, neatness, and dignity;
- Demonstrates respect for self, education, teachers, and fellow students;
- Facilitates focus on learning and service, rather than on clothing and accessories;
- Supports an appropriate distinction between the genders; and
- Reminds students of their commitment to live by the American Heritage Mission Statement.

## ***My Understanding***

I understand that

- All male students at AHS are expected to wear the boys’ uniform and abide by the dress and grooming standards set forth for boys;
- All female students are expected to wear the girls’ uniform and abide by the dress and grooming standards set forth for girls;
- Students wearing the proper uniform will be admitted to class; and
- The uniform standard will be in place until 3:10 p.m. each school day.

## ***My Commitment***

I will study the dress and grooming standards specific to my gender and grade level\*. Because not all inappropriate variations and deviations can be enumerated, I will strive to understand and abide by the spirit of the Dress and Grooming Standard in addition to the letter of the standard. Which clothing articles I wear, how I wear those articles, and how I groom myself will appropriately reinforce the American Heritage School ideals.

**\*Full details of the Dress and Grooming Standard can be found on the school’s website and in the Dress and Grooming section of the Welcome Guide.**

**STUDENTS WILL RECEIVE A SEPARATE PAPER COPY TO SIGN AND SUBMIT DURING THE FIRST WEEK OF SCHOOL**

Student Name

Student Signature

Grade