



SPRING 2024

Experiential Learning

Grades K-5

K–5 Experiential Learning Theme:

“Cultivating Curiosity, Empowering Explorers”

American Heritage School’s Experiential Learning serves as an intensive implementation of the 4R-ing methodology, with the purpose of bridging academic experiences and exploration of real-world applications—all in harmony with American Heritage School’s mission statement. During Experiential Learning Days, regular classes are suspended and replaced with engaging experiences under the mentorship of qualified AHS instructors, guest presenters, and practitioners.

The K–5 Experiential Learning Course Catalogue is posted. Students select a course to participate in, and parents register their children via Veracross. All students are expected to participate.

We have the following K–5 Experiential Learning Groups:

Group 1: Grades 4–5

Group 2: Grades 2–3

Group 3: Grade 1

Group 4: Kindergarten (Kindergarten students will remain with their homeroom teacher for experiential learning. No choice selection is offered for kindergarten students. Part-day AM and PM students will be part of a half-day Experiential Learning program, to follow the pattern of their regular schedule. **Kindergarten parents will still need to register their child with their core teacher and pay the Experiential Learning fee.**)

Registration opens at 7:00 AM on the following days (see below). Please note, that the registration portal will be closed from 6:30 AM–7:00 AM each day.

- **Grade 5** Registration opens on Monday, March 25, 2024
- **Grade 4** Registration opens on Tuesday, March 26, 2024
- **Grade 3** Registration opens on Wednesday, March 27, 2024
- **Grade 2** Registration opens on Thursday, March 28, 2024
- **Grade 1** Registration opens on Friday, Friday, March 29, 2024
- **Kindergarten** Registration opens on Friday, March 29, 2024

Registration closes Tuesday, April 9, 2024 @ midnight, for all K–5 students.

Parent Veracross credentials are required to register. All students in a family will be listed, but only those allowed to register on any given day will show active registration links on or after their priority registration day. “No programs available” will be shown until registration is open for them.

For questions about registration, please contact Charné Adams cadams@ahsmail.com.

For questions about waitlists, please contact Kristy Swenson kswenson@ahsmail.com.

For questions about individual courses, please contact the teacher instructor directly.

For technical questions or support issues, please contact Deanna Rowen drowen@ahsmail.com or

Tammy Morse tmorse@ahsmail.com.



Group 1: Fourth–Fifth Grade Students, May 21, 2024



Amazing World of Bread!

Instructor: Mrs. Johanne Perry

Email: jperry@ahsmail.com

Tuition: \$20 | Room #Kitchen

Description: Raise your hand if you love all things BREAD! Come spend the day in the kitchen, and let's make bread sticks, pretzels, cinnamon rolls, crescent dinner rolls, no-knead artisan bread, and with homemade pizza for lunch! By the end of the day, you'll be a pro and definitely not hungry! With the rising price of food these days, how cool would it be to learn these fun skills and share them with your family? (Maximum of 9 in this class)



Wacky Animal Workshop

Instructor: Mrs. Jane Davis

Email: jdavis@ahsmail.com

Tuition: \$30 | Room #204

Description: Ever seen a Bow Tucker or a flying elephant? In this workshop students will learn about characterized art forms around an animal theme. They will design and paint their own animal acrylic painting, make a bow tucker wire sculpture, share fun animal prints with classmates and draw a chalk art illuminated imaginary animal.



Mini Museums

Instructor: Ms. Jan Parker & Mrs. Naibi Graham

Email: jparker@ahsmail.com

Tuition: \$30 | Room #117

Description: A fun day filled with artistic creativity making miniature art museums with all the supplies available to succeed!



Be a Rockhound!

Instructor: Mrs. Julie Arnold

Email: jarnold@ahsmail.com

Tuition: \$25 | Room #210 & Off Campus

Description: Do you want to be a 'rockhound'? Join us, and we will learn about rocks, minerals, and fossils! We will experiment using tests to discover and identify rocks and minerals, even phosphorescent rocks that glow in the dark! We will play games with rocks and about rocks and start our own rock collections. In the afternoon, we will go on a field trip to see an amazing rock collection and practice our rock-identifying skills. **Field trip permission forms must be turned in before the first day of Experiential Learning.



Origami

Instructor: Mrs. Bethany Cory

Email: bcory@ahsmail.com

Tuition: \$20 | Room #323

Description: Learn not only the art and history of origami, but how scientists and engineers today use origami in space, medical technology, and much much more! Students will learn to fold the basic introductory origami bases, as well as more complex and challenging projects as we explore the art and science of folding.



Put on Your Cape: Comic Books and Superheroes

Instructors: Mr. Casey Wilson

Email: cwilson@ahsmail.com

Tuition: \$25 | Room #205

Description: Have you ever wanted to create the next Superman or Wonder Woman? Well, now is your chance. In this course, students will gain a better understanding of the great comic book lore, learn how to draw like true comic book artists, create their own comics, and train to become their own superheroes. Up, up, and away we go!



Scavenger Hunt Hike (24 students)

Instructor: Mrs. Karen Green & Mrs. Laurel Hill

Email: kgreen@ahsmail.com & lhill@ahsmail.com

Tuition: \$25 | Room #118 & Off campus

Description: Learn about hiking skills and safety. Plants to use and avoid. We will make a personalized walking stick to use on our hike. Picnic lunch. Nature craft.



Care of Magical Creatures

Instructor: Mrs. McKayla Shelton

Email: mmaughan@ahsmail.com

Tuition: \$30 | Room #308 (Library)

Description: Meet us at platform 9 $\frac{3}{4}$ as we spend the day immersed in the world of Harry Potter. We will visit the owlery at Tracy Aviary to learn about caring for all of God's magical creatures. Fly off to a park where we will sip our butterbeer, eat chocolate frogs and uncover each other's hidden gifts and talents. Learn team building skills with a friendly game of quidditch. We will get our hands dirty in herbology class and design our own feather quill pens to practice some calligraphy. "We are only as strong as we are united, as weak as we are divided." Albus Dumbledore



Sports Extravaganza and Hiking

Instructor: Mrs. Savannah Laycock

Email: slaycock@ahsmail.com

Tuition: \$10 | PAC (High School Building) & Off Campus

Description: Let's go hiking! This class will focus on teaching the students how to hike safely. The class will start with preparing for a hike, what to bring, and how to determine your limits. We will then learn and play various sports, allowing us to explore different ways to be healthy and active. We will learn the basics of sports like ultimate frisbee, soccer, basketball, and flag football. After learning, we will spend time playing and working on our skills and sportsmanship. **Field trip permission forms must be turned in before the first day of Experiential Learning.



Strategic Gaming

Instructor: Mrs. Laurie Hansen

Email: lhansen@ahsmaail.com

Tuition: \$25 | Room #329

Description: Students will spend the morning playing card and board games, and the afternoon playing outside games. They will learn strategies and develop skills for winning games like Phase 10 or SkipBo, Blokus or Cover Your Assets, Checkers or Chess, Sudoku or other math puzzles, and outdoor games like Four-Square or Nine-Square. Students will also have several breaks where they'll get to choose between activities like doing word searches/crossword puzzles or pouring over "I Spy" books. Students will go home with some new skills, a number of "tried and tested winning strategies," and at least one new game. (They will have made several new friends, too.)



Wild Wonders Nature Study

Instructor: Mrs. Denise Gorrell

Email: dgorrell@ahsmaail.com

Tuition: \$25 | Room #208

Description: Before we had words, we had wonder. We will join together to imagine and wonder, to use curiosity as the guide to miracles in nature, journaling and thinking in different ways.



Polynesian Dancing

Instructor: Stephen Blake

Email: sblake@ahsmaail.com

Tuition: \$30 | Rec Hall

Description: Polynesian dancers will teach and educate students who are interested in learning about the Polynesian cultures through songs, dances and customs. She will instruct Polynesian Dances such as Tahitian, Samoan, Hawaiian, Fijian, and Māori.



Is Magic really Magic, or is it the use of Science and Technology? Class with Magician Jason Fun!

Instructor: Mrs. Jill Atkinson

Email: jatkinson@ahsmail.com

Tuition: \$40 | Room #112

Description: Join professional magician, Jason Fun, and his special characters for a fun-filled day of Wonder and Magic! Your child will learn several magic tricks with special magic props that they get to keep and also learn real magic tricks with everyday objects! We will also play fun and original magic games to help your child think outside the box and work as a team with others! In this fun and high-energy class, Magician Jason Fun will help to unlock your child's confidence and creativity as your child learns what magic is...shhh, it's really just Science, Technology, Engineering, and Math (STEM), but to those that don't know, it's MAGIC! All materials and magic supplies are INCLUDED!



Ropes Course

Instructor: Mrs. Becky Slagowski

Email: bslagowski@ahsmail.com

Tuition: \$25 | Library

Description: Life brings opportunities to learn and grow. Use ropes, gear, and safety equipment to see your potential and reach your goals. Want to learn how to work better with others? You will be given tasks, challenges, and obstacles to work through to strengthen your faith in yourself and your ability to communicate and work with others. The skills you will need to reach the end game will be teamwork, cooperation, communication, brainstorming, faith, and trust. The gear we will provide is ropes and safety equipment, and all you need to bring is YOU!

Group 2: Second–Third Grade Students, May 21, 2024



Behind the Scenes

Instructor: Mrs. Deborah Otteson & Mrs. Anese Harmon

Email: dotteson@ahsmail.com

Tuition: \$10 | Gather in 455 & Off Campus

Description: Take a trip with us to see what happens behind the scenes of some of the plays and musicals you might have seen. We will go to the Hale Theater in Sandy and take a tour and see how they can do all the backstage things they do and make it look so good on stage. Please bring sack lunches to eat in the cars as we are driving to Temple Square to hear an organ recital and then back to American Fork to go to Bigelow Organ Builders to see how organs are built. **Field trip permission forms must be turned in before the first day of Experiential Learning.

Pottery

Instructor: Mrs. Alison Mitchell

Email: amitchell@ahsmail.com

Tuition: \$25 | Room 114

Description: Through pottery, we can learn how to be creative and express ourselves. Pottery is not just an art form; it is an important therapeutic experience. The benefits of pottery are numerous. We will learn the necessary steps to create pottery and apply it to our lives. We will discuss Elder Richard J. Maynes' talk given October 2015 General Conference talk titled The Joy of Living a Christ-Centered Life. We will learn how important it is for the clay to be in the center of the wheel. How important is it to have a Christ-centered life? Participate in the world of pottery and the joy of a Christ-centered life. *We will be off campus; field trip permission forms must be turned in before the first day of Experiential Learning.





G.R.I.T.

Instructor: Mrs. Angie McIntyre

Email: amcintyre@ahsmail.com

Tuition: \$30 | Rec. Hall (Meet at SW Corner) & Off Campus

Description: Grit is mental toughness, passion, and perseverance. These are the qualities needed to do and be your best! In this course, we will learn how to increase grit through creativity, confidence, and courage. We will increase our creativity and problem-solving skills as we look for clues and find codes to escape from an escape room. Then we will gain courage and confidence as we climb rock walls and overcome obstacles of self-doubt and fear. Find your inner strength and your passion to be better than you ever have been before. Increase your mental toughness and persevere as we build G.R.I.T together! **Field trip permission forms must be turned in before the first day of Experiential Learning.



Happy Hikers!

Instructor: Mrs. Carly Pulu

Email: cpulu@ahsmail.com

Tuition: \$0 | Rec. Hall (Meet at SE Corner) & Off Campus

Description: Come enjoy a crisp spring day in the great outdoors! We'll be heading up Provo Canyon and spending the day among some of Heavenly Father's most beautiful creations. Take a hike with us to Bridal Veil Falls and Stewart Falls and cross your fingers that you just might get to see some wildlife along the way. **Field trip permission forms must be turned in before the first day of Experiential Learning. (Hiking locations subject to change pending weather conditions.)



Hear the Bells Ring!

Instructor: Mrs. Emily Halverson

Email: emily.halverson@ahsmail.com

Tuition: \$10 | Room #452 & Off Campus

Description: Come learn about BELLS!! We will meet on campus and learn all about bells and how they are used in music. Then, we will travel to BYU to learn about the Carillon Bell Tower. Not only do the bells help you know what time it is, but people can actually play songs from the bell tower for all the campus to hear! It will be fun to see how the bells are played. We will picnic on campus and even go to the BYU Creamery for a treat. We will return to school for outside play, and then learn and play songs together using handbells. This activity will help students work as a team, increase their musical knowledge, and gain confidence while successfully performing together. **Field trip permission forms must be turned in before the first day of Experiential Learning.



My Creative Paintbrush

Instructor: Mrs. Anne Pulley & Mrs. Andrea Duncombe

Email: apulley@ahsmail.com & aduncombe@ahsmail.com

Tuition: \$25 | Room #202 & Off Campus

Description: The desire to create is in all of us. All we need is the confidence to try. Creating something new is an exciting and essential part of life. We gain confidence in who we are as we discover and develop our unique talents. Art is for everyone! Come join us as we visit a local art studio to create one-of-a-kind masterpieces. We will practice and paint with gusto all while building confidence and memories. Paint smocks and all craft materials included. Let's paint!



In Full Bloom

Instructor: Mrs. Jamie Sefcik

Email: jsefcik@ahsmail.com

Tuition: \$25 | Room #315 (Lunch Room)& Off Campus

Description: Explore the enchanting world of flowers in our 2nd-grade flower class! In this hands-on course, young learners will discover the beauty of various flowers, understand their life cycles and different species, and engage in hands-on activities like planting seeds and creating colorful bouquets. Students will be able to visit a local flower farm and learn how seedlings are started all the way through how they are planted. Students will cultivate a love for nature and develop a deeper appreciation for the diverse wonders of the floral kingdom through this blooming adventure.



Man's Best Friend

Instructor: Mrs. Kortnie Manwill

Email: kmanwill@ahsmail.com

Tuition: \$15 | Room #110 & Field

Description: If you love furry friends, this class is for you! We will spend the day making DIY dog toys and dog treats. We will then get a special visit from a K9 and his officer. The class will be able to watch the K9 in action and learn how K9s are trained.



Under the Sea (24 students)

Instructor: Mrs. Karen Pusey & Mrs. Michelle Pusey

Email: kpusey@ahsmail.com & mpusey@ahsmail.com

Tuition: \$25 | Room #209 & Off Campus

Description: Come explore the wonders of the oceans! We will start our adventure learning about ocean life and ecosystems from around the world. Then we will head to the Loveland Living Planet Aquarium, where a special guide will take us on a journey of exploration, including a new and exciting 4D virtual reality adventure. Then we will head back to the school where we will create beautiful art projects depicting the ocean life we learned about. It will be an experience we will never forget! (Max. 24 students in this course.)
****Field trip permission forms must be turned in before the first day of Experiential Learning.**



Creature Encounters

Instructor: Ms. Trish Peel

Email: tpeel@ahsmail.com

Tuition: \$35 | Room #100

Description: In this course we will spend a day discovering many of the wonderful and amazing creatures of God's creations. We will encounter animals of all sizes, shapes, colors, species, and habitats; everything from the tall giraffe, the polar bear, and the anaconda to the smallest bugs, critters, and creepy crawlers of every kind. Grab your gear for this safari expedition as we interact with live animals and explore Utah's Hogle Zoo. Come join us on this creature encounter adventure!



Travel the Globe Day!

Instructor: Mrs. Andrea Neilson

Email: aneilson@ahsmail.com

Tuition: \$15 | Room #203 & Off Campus

Description: Come travel the world today! We will be learning about planet earth and learn about all of its different countries, cultures, and wildlife! Come prepared to talk about your favorite place to travel and your dream vacation! We will also be taking a little trip to the Provo Airport to learn more about airplanes, airport security, and passports!



Time to Ride

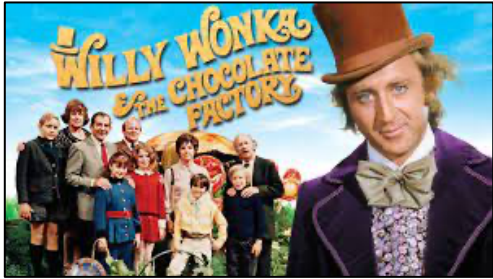
Instructor: Mrs. Melanie McConkie

Email: mmcconkie@ahsmail.com

Tuition: \$25 | Room #201

Description: There is nothing like feeling the wind in your hair as you take to the open road! In this course you will learn about the evolution of bicycles and motorcycles. We will learn road safety and proper dress for riding. We will learn basic bicycle maintenance. We will practice skills by running an obstacle course. The morning will be focused on bicycles the afternoon will advance to motorcycles. Students who would like to participate are encouraged to have their own bicycle that they can bring. They should have a proper helmet to wear while riding. Students will not be riding motorcycles! But they will get a chance to see a variety of them up close.

Group 3: First Grade Students, May 21, 2024



Camp Willy Wonka (24 students)

Instructor: Mrs. Karen Matsen & Mrs. Sherrie Goff

Email: kmatsen@ahsmail.com & sgoff@ahsmail.com

Tuition: \$25 | Room #102 & Off Campus

Description: Camp Willy Wonka invites Lucky Golden Ticket Winners to a fantastically fun-filled day experiencing the Wonka World. Our Golden Ticket Winners will enter the world of chocolate as we spend the morning touring Mrs. Cavanaugh's Chocolate and Ice Cream Factory. Outdoor wiggle time will be enjoyed through character games and lunch at a nearby park/playground. As our final destination, we will venture with Tom and Jerry at Water Gardens Movie Theater as we view "Charlie and The Chocolate Factory" and learn the value of kindness, service, integrity, good choices, and perseverance. "So shines a good deed in a weary world." ~Willy Wonka. **Field trip permission forms must be turned in before the first day of Experiential Learning.



Chugga Chugga Choo Choo (24 students)

Instructor: Mrs. Nancy Sloan & Mrs. Phyllis Snider

Email: nsloan@ahsmail.com & psnider@ahsmail.com

Tuition: \$25 | Room #101 & Off Campus

Description: ALL ABOARD! Come join us on a train ride at the Heber Valley Railroad. This excursion includes a cap, scarf, & train whistle to go with the theme, a guide who gives historical & other interesting facts, a fiddler who serenades us, a cowboy who tricks us with a pretend "hold-up", and of course, a conductor. **Field trip permission forms must be turned in before the first day of Experiential Learning.



Dinosaur Discovery

Instructor: Mrs. Amanda Peterson

Email: apeterson@ahsmaail.com

Tuition: \$25 | Room #108 & Off Campus

Description: Calling all dinosaur enthusiasts!! We will unearth fossils, play games to test our dino knowledge, and go exploring at the Natural History Museum Of Utah. Be prepared to get dirty and have fun being a paleontologist for the day! **Field trip permission forms must be turned in before the first day of Experiential Learning.



Hidden Lives of Pets and Farm Animals (24 students)

Instructor: Adrienne Werner & Katrina Seamons

Email: awerner@ahsmaail.com & kseamsons@ahsmaail.com

Tuition: \$25 | Room #309

Description: Come spend the day immersed in animal fun! Learn all about pets and farm animals through crafts, games and an educational movie about animal habits. Then we'll go out to the playground for a picnic lunch. Last, we will go on a field trip to a pet-farm nearby where you can see goats, pigs, sheep, alpacas, dogs, guinea pigs, and more!



Entomology: "We are Going Bug-gy"

Instructor: Mrs. Cynthia Bingham

Email: cynthiabingham@ahsmaail.com

Tuition: \$25 | Room #106 & Off Campus

Description: We will study insects, play games, do crafts and experiments about insects. We will take a field trip to the Butterfly Biosphere at Thanksgiving Point to experience these amazing creatures up close and personal. Come ready to go bug-gy! **Field trip permission forms must be turned in before the first day of Experiential Learning.

Group 4: Kindergarten Students, May 21, 2024

Students remain with their homeroom teachers. Kindergarten parents, please register your child with their core teacher and pay the Experiential Learning fee.



Diggin' Deep

Instructor: Mrs. Adrienne Hunsaker, with Mrs. CarolLynn Pothier

Email: ahunsaker@ahsmail.com

Tuition: \$25 | Room # 107 & Off Campus

Description: Diggin' Deep! Get ready to get your hands dirty as we explore the wonders of all kinds of gardens. We will visit Thanksgiving Point and explore similarities and differences of gardens and plants. A visit to Heritage Gardens will help us to understand what is growing in our backyard and we'll prepare our own lunch with yummy garden treats. We will even plant our own small gardens with our newly acquired green thumbs.
**Field trip permission forms must be turned in before the first day of Experiential Learning.



Little Chefs Can Cook

Instructor: Mrs. Reneé Braddy & Ms. Holly Robinson

Email: rbraddy@ahsmail.com

Tuition: \$25 | Room 113 & Off Campus

Description: Step aside mom and dad, there's a new chef in town. This will be a very hands-on full day where children learn the art of cooking. They will be dressed in their own chef attire that they'll design. We will then head to Lehi Bakery for a hands-on experience learning the art of doughnut and cookie making. Our next stop is Summit Pizza in Saratoga Springs where our little chefs will be making their own pizza lunch. We will finish the day at Mrs. Braddy's house in Highland to make refreshing homemade lemonade and other yummy treats. **Field trip permission forms must be turned in BEFORE Experiential Learning.



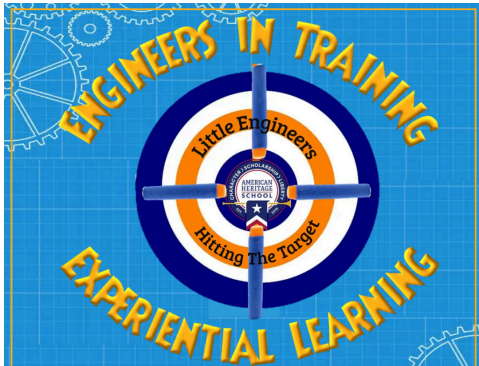
Little Explorers

Instructor: Mrs. Sariah Reed, with Mrs. Sarah Ziegenfelder

Email: sreed@ahsmail.com

Tuition: \$25 | Room #115 & Off Campus

Description: Are you ready for an adventure? You will be! In our Little Explorers class we will learn and practice skills you may use in an outdoor adventure such as knot tying, plant identification, and orienting with a compass. We will also make some trail snacks and do a fun nature art project. We will then put our knowledge to the test with a hike to Bridal Veil Falls. The cost of the course includes a backpack and other items the Little Explorers can use to continue their adventures with their families this summer. **Field trip permission forms must be turned in before the first day of Experiential Learning.



Little Engineers (AM Kindergarten)

Instructor: Mrs. Kalo Beebe, with Mrs. Heather Park

Email: kbeebe@ahsmail.com

Tuition: \$25 | Room #109

Description: Calling all young inventors!! Get ready for a fun-filled trip to Frontline-Foam! We will witness the amazing process behind Nerf gun design from concept to creation. Professional engineers will demonstrate the intricate process of Nerf gun initial ideas, to 3-D printing machines, metal designing machines, to the final product. Then, we'll use our newfound knowledge to design and build our own rubber band powered cars or aircraft. Pack your curiosity and wear your engineer hat - this adventure will sure to spark creativity and innovation! Lunch will be provided for both AM and PM Kindergarten classes.



Little Engineers (PM Kindergarten)

Instructor: Mrs. Heather Park, with Mrs. Kalo Beebe

Email: hpark@ahsmail.com

Tuition: \$25 | Room #109

Description: Calling all young inventors!! Get ready for a fun-filled trip to Frontline-Foam! We will witness the amazing process behind Nerf gun design from concept to creation. Professional engineers will demonstrate the intricate process of Nerf gun initial ideas, to 3-D printing machines, metal designing machines, to the final product. Then, we'll use our newfound knowledge to design and build our own rubber band powered cars or aircraft. Pack your curiosity and wear your engineer hat - this adventure will sure to spark creativity and innovation! Lunch will be provided for both AM and PM Kindergarten classes.

