



ALL STUDENTS

REQUIRED SWEATER, SWEATSHIRT, OR JACKET

All students are required to have one of the following options to wear on campus for additional warmth. Approved options must be purchased through Land's End, Dennis Uniform, BSN My Team Store (MTS) or our AHS spirit apparel stores. Please note, AHS Spirit Wear hoodies and sweatshirts are only approved for AHS Spirit Apparel Days and can not be worn on regular school days. Approved options are:

- Dennis sweater: Navy blue girl's vest, unisex long sleeve pull-over, or girl's cardigan.
- Dennis sweatshirt with required school logo: Navy blue quarter-zip and crew neck. Please note: the forest green color is approved for high school only
- Dennis micro-fleece: Navy blue vest or jacket, with or without logo
- Land's End sweatshirt with required school logo: Navy blue crew neck
- Land's End jackets: Navy blue ThermoPlume, Sports Squall, or Kids 3-in-1 squall.
- Nike jacket with required school logo: Navy blue Showtime hooded jacket
- AHS spirit wear track jacket

All non-uniform items—including jackets, sweatshirts and non-uniform hoodies—may not be worn in hallways, classrooms, common areas or anywhere indoors during the school day.

Non-uniform winter coats may be worn before or after school, during outdoor lunch or recess, or when passing between buildings if needed during cold weather but must be removed when indoors. During cold, wintry, and/or rainy weather, students may wear non-uniform winter coats when actively exiting or entering the buildings.

A coat is defined for purposes of this policy as an item of clothing that is made from a heavy-weight fabric designed to provide warmth during cold weather, repel snow or rain, is manufactured to be worn outside to protect against more extreme elements, and is not easily mistaken for a jacket. Students should not bring personal, non-uniform jackets, hoodies, sweaters, or sweatshirts and claim that they are using them in place of coats.

SPIRIT APPAREL DAYS

The Spirit Apparel Day Uniform gives students and faculty an occasional casual dress opportunity to promote school spirit and provide appropriate attire for service projects, field trips, and other on-campus activities and celebrations. Students are required to follow ALL regular AHS Mon-Thu uniform standards, except that shirts may be worn untucked. Mon-Thu sock and shoe uniform guidelines apply for all spirit apparel days. Students may choose to wear the spirit apparel uniform or the regular Mon-Thu uniform. All spirit wear uniform apparel must adhere to the following guidelines:

- AHS Spirit Wear t-shirts and sweatshirts may be worn so long as they are:
 - Purchased through the approved spirit wear store -or-
 - Produced by the school for an AHS program or production.
 - AHS school hoodies may be worn as long as the hood remains down
 - No team jerseys or other items which belong to the school may be worn
 - Tops must have sleeves and must be free from holes or excessive wear
- Conservative jeans may be worn so long as they are:
 - Must be solid, medium to dark, blue jeans (no other colors)
 - No acid wash, dirty washed, double-dyed or faded fabrics
 - No holes, distressing, frayed, or destructed styles
 - No athletic or exercise styles or fabrics
 - No low-riding, revealing, overly baggy, tight-fitting, or immodest styles
 - No sequins, lettering, heavy stitching, distracting patterns or other decorations

P.E. AND AFTER SCHOOL ATHLETICS UNIFORMS / SHOES

For Grades K-5

- P.E. Uniforms are not required for grades K-5. However, conservative athletic shoes^e with non-marking soles or P.E. shoes^e are required for all P.E. classes. Depending on class schedule, shoes may need to be brought to school and changed into during P.E. class.

For Grades 6-12

- P.E. Uniforms are required for grades 6-12.
 - Any Spirit Apparel or AHS program t-shirt
 - Athletic shorts or sweatpants in solid colors of navy, gray, red or black. Shorts MUST be knee-length and longer-length black or navy biker shorts must be worn underneath. Small logos are permitted
 - Ankle or athletic socks (logos are permitted)
 - Conservative athletic shoes^e with non-marking soles or P.E. shoes^e

Note about after-school athletics: Loose fitting athletic pants, warm-ups or sweatpants must be worn prior to and after practices and games when remaining on campus.



K-12 STUDENT UNIFORM POLICY

SWEATERS, SWEATSHIRTS, JACKETS & SPIRIT WEAR

SHOPPING LIST

IN-CLASS WARMTH

- Required, one of the following:
 - _____ Dennis Sweater
 - _____ Dennis Sweatshirt
 - _____ Dennis Micro-Fleece
 - _____ Nike Showtime Jacket
 - _____ Lands' End Jacket
 - _____ Lands' End Sweatshirt
 - _____ AHS Track jacket

SPIRIT APPAREL DAY

- Options for spirit days
 - _____ Spirit Wear t-shirt -or-
 - _____ Spirit Wear sweatshirt
 - _____ Appropriate blue jeans
 - _____ Mon-Thur Socks
 - _____ Mon-Thur Shoes

(see previous page for more details)

P.E. CLASSES & ATHLETICS

- Required for P.E. for Grades K-5
 - _____ Athletic shoes with non-marking soles^e
- Required for P.E. for Grades 6-12
 - _____ Spirit Wear t-shirt
 - _____ Appropriate shorts w/bikers -or-
 - _____ Appropriate sweatpants
 - _____ Socks
 - _____ Athletic shoes with non-marking soles^e

(see previous page for more details)

PICTURE GUIDE & DETAILS

Dennis Sweater: Pull-Over or Cardigan



Dennis Sweater: Girl's Vest



Dennis Sweatshirt: Qtr. Zip or Crewneck



(Forest green approved for H.S. only)

Dennis Micro-Fleece Jacket or Vest



Nike Hooded Jacket: Showtime



Lands' End Jacket: Thermoplume



Lands' End Jacket: Sport Squall



Lands' End Jacket: Kids 3-in-1 Squall



Lands' End Sweatshirt: Crewneck



AHS Spirit Store: Track Jacket



SPIRIT APPAREL DAY UNIFORM

Sport Fabric T-Shirt



Cotton Blend T-Shirt



Sport Fabric Pull-over



Long Sleeve T-Shirt



Patriots Hoodie



SPIRIT APPAREL DAY JEANS

- Must be solid, medium to dark, blue jeans (no other colors of jeans allowed)
- No acid wash, dirty washed, double-dyed or faded fabrics
- No holes, distressing, frayed, or destructed styles
- No athletic or exercise styles or fabrics
- No low-riding, revealing, overly baggy, overly tight, or immodest styles
- No sequins, lettering, heavy stitching, distracting patterns or other decorations

SPIRIT APPAREL DAY SOCKS and SHOES

- Mon-Thur sock and shoe uniform guidelines apply for all spirit apparel days